

# Ohio State Sports Medicine Summit

## April 21, 2023

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### Course Description

This course will provide guidelines on serving as a part of the team who provides sports medicine care from high school and collegiate to professional levels. It will also review considerations with respect to the coordination of on-site event medical coverage. Additionally, this course will explore operative, non-operative and rehabilitation considerations when treating sports medicine patients.

### Course Objectives

1. At the completion of this course, the participants will understand the standards of care and preparation for sideline medical coverage for athletic events.
2. At the completion of this course, the participants will understand the hub of the wheel concept for coordinating the medical care of an athletic team or university athletic department.
3. At the completion of this course, the participants will understand how to avoid the common pitfalls of interactions with athletes, athletic trainers, coaches, parents, and agents.
4. At the completion of this course, the participants will understand the team physician's role in balancing an athlete's short-term and long-term health with team and personal goals.
5. At the conclusion of this course, participants will understand the intra-operative options available for addressing unexpected surgical challenges in the shoulder, elbow, knee, hip, and ankle.
6. At the conclusion of this course, participants will understand the minimally invasive and orthobiologic options for treatment of in-season athletes for their acute and chronic musculoskeletal injuries and conditions.
7. At the completion of this course, participants will understand the surgical and non-surgical rehabilitation continuum for femoral acetabular impingement, patellar instability, and shoulder labral injuries
8. At the completion of this course, participants will have exposure and understanding of the application of blood flow restriction training and dry needling for the upper and lower extremities.



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### **Accreditation: Physicians**

The Ohio State University Center for Continuing Medical Education (CCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

The Ohio State University Center for Continuing Medical Education (CCME) designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Accreditation: Physical Therapists / Athletic Trainers**

6.5 hours BOC and OPTA credit (pending)

This event will be held in person at the iconic Ohio Stadium. Educational formats will include lectures, case presentations, collaborative Q&A sessions, and livestreamed demonstrations from Ohio State's Surgical Skills Lab.

For questions about accessibility or to request accommodations, please contact Amber Thompson at [Amber.Thompson2@osumc.edu](mailto:Amber.Thompson2@osumc.edu). At least two weeks' advance notice will help us to provide seamless access.

Date: Friday, April 21, 2023

Time: 7:55 a.m. – 3:30 p.m.

Location: Ohio Stadium | 411 Woody Hayes Dr, Columbus, OH 43210



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