

ADAPTED SPORTS INSTITUTE OF THE OHIO STATE UNIVERSITY

Adapted Sports, Recreation and Wellness in Kentucky

Bluegrass Adapted Sled Hockey Bash

This program is Kentucky's first established sled hockey team. Their goal is to provide a supportive atmosphere for individuals with and without disabilities to seek mental and physical well-being through the sport of hockey. Bash increases a player's quality of life by building relationship, improved confidence and having fun. They play in Lexington, KY.

Sports offered: sled hockey

For more information:

- Visit: <http://www.bashockey.com>
- Contact: Cindy Jacobelli, Director of Adaptive Recreation, at (859) 246-8816
- Email: cindy.jacobelli@cardinalhill.org

Bluegrass Miracle League

These leagues are dedicated to providing the opportunity for children and adults with physical and mental disabilities to play organized baseball. All programs are affiliated with the National Miracle League Baseball organization. The teams play on a custom-designed, rubberized turf field that accommodates wheelchairs and other assertive devices while helping to prevent injuries. It is located in Lexington, KY.

Sports offered: baseball

For more information:

- Visit: <http://bgml.org/>
- Contact: (859) 367-7515
- Email: khaury@ymcacky.org

Bowling Green Parks and Recreation

Bowling Green Parks and Recreation has an adapted sports program, designed to meet the needs of individuals with an intellectual and/or physical disability. It is a USA Paralympic sports club.

Sports offered: goalball, wheelchair basketball, wheelchair tennis

For more information:

- Visit: <http://www2.bgky.org/bgpr/specialpopulation.php>



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Easter Seals: Cardinal Hill

Easter Seals Cardinal Hill is driven to champion people of all ages, ensuring that everyone, regardless of ability or life challenge, has the opportunity to live, learn, work, and play in the surrounding communities in Lexington, KY. Their adaptive recreation program provides exposure to adaptive equipment and adaptive recreation experiences for children and adults with physical disabilities.

Sports offered: downhill skiing, sled hockey, kayaking, wheelchair basketball, shooting sports, hand cycling, golf, bowling, rock climbing, fishing, wheelchair tennis

For more information:

- Visit: <https://cardinalhill.org/>
- Contact: Cindy Jacobelli, Director of Adaptive Recreation, at (859) 246-8816
- Email: cindy.jacobelli@cardinalhill.org

Frazier Rehab Institute

Frazier Rehab Institute is a large medical facility that provides rehab care to patients in Kentucky. Although originally provided for the inpatient members, their Adapted Sports Program is also available for those within the surrounding communities. The ultimate vision and goal of the Adapted Sports Program at Frazier Rehab Institute is to improve the quality of life of the individuals with disabilities and offer healthier lifestyle choices for these individuals and their families. The institute has sports as well as annual programs, tournaments, and outings. It is a USA Paralympic sports club.

Sports offered: adaptive rowing, hand cycling, road racing, track and field, fitness and weight training, wheelchair basketball, wheelchair fencing, wheelchair rugby, wheelchair tennis, golf

For more information:

- Visit: <https://www.kentuckyonehealth.org/adaptive-sports-program>
- Contact: Jill Farmer at (502) 582-7618 or (866) 540-7719

Independence Place- Paralympic Sports of Central Kentucky

Independence Place's mission is to empower individuals with disabilities of all ages by helping them over barriers to employment and everyday living. One way we accomplish this goal is to have the individuals we serve become healthier through adaptive recreation. It is a USA Paralympic sports club.

Sports offered: archery, boccia, cycling, goalball, swimming, track and field, wheelchair basketball

For more information:

- Visit: <https://independenceplaceky.org/>
- Contact: (859) 266-2807
- Email: info@ipky.org



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Kentucky Association of Blind Athletes (KABA)

KABA has a purpose of improving the lives of people who are blind and visually impaired. It is a part of the United States Association of Blind Athletes (USABA), which has programs to serve athletes of all ages and abilities from local grassroots programs to the elite Paralympic level.

For more information:

- Contact Kenneth Jones at info@kaba-online.org

Louisville Fencing Center

The Louisville Fencing Center is a 4,000 square-foot facility, equipped with eight Olympic electric fencing strips, three wheelchair frames and new scoring machines. The Louisville Fencing Center has developed a state-of-the-art wheelchair frame and is one of the only fencing facilities in the nation that caters to both disabled and able-bodied fencers.

Sports offered: fencing

For more information:

- Visit: <http://www.louisvillefencing.org/>
- Contact: (502) 540-5004

Louisville Metroparks and Recreation- Adaptive and Inclusive Recreation

Paralympic Sport Louisville is a program offered through Metro Parks and Recreation Adapted Leisure Activities. This department offers a variety of recreational and sports activities for persons with physical and/or intellectual disabilities, their friends and family. A variety of activities are offered including adapted sports and games, fitness and wellness, arts and crafts, health and nutrition, physical fitness and wellness. It is a USA Paralympic sports club.

Sports offered: wheelchair basketball, bowling

For more information:

- Visit: <https://louisvilleky.gov/government/parks/adaptive-and-inclusive-recreation-air>
- Contact: (502) 456-8148

Louisville Rowing Club

The adaptive rowing program at Louisville Rowing Club seeks to bring recreational and competitive rowing to those requiring specialized coaching or equipment. Our mission is to provide a safe environment in which we can share the joys of rowing with individuals with disabilities of all types and to raise the awareness of adaptive rowing through educational outreach.

Sports offered: rowing

For more information:

- Visit: <http://www.louisvillerowingclub.org/adaptive.html>
- Email: louisvillerowingclub@gmail.com



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USTA – Kentucky Wheelchair Tennis Program

The Kentucky chapter of the United States Tennis Association offers multiple wheelchair tennis clinics to provide opportunities for sports and recreation throughout Kentucky.

Programs are offered for adults and children wheelchair users.

Sports offered: wheelchair tennis

For more information:

- Visit: <http://www.ustaky.com/>
- Email: Stacey Croley, manager of Community Development at scroley@ustaky.com

For more questions, visit us:

Adapted Sports Institute at the Ohio State University

Martha Morehouse Medical Pavilion Outpatient Rehabilitation

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