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**The Preoperative Assessment Center – OPAC**

**Martha Morehouse Pavilion**

**2050 Kenny Road, Suite 2250**

**Columbus, OH 43221**

**Phone: 614-366-7500 option 3; Fax: 614-366-7560**

**Patients meeting ANY of the following criteria should be considered for an OPAC appointment for a thorough preoperative assessment prior to undergoing their planned procedure. If you have any questions or concerns regarding this assessment, please contact OPAC at 614-366-7500 option 3.**

* **Major Surgery:** Major vascular surgery (including carotid endarterectomy), major orthopedic surgery, thoracic, intra-abdominal, open heart, craniotomy, major spine surgery, anticipated prolonged procedures with major fluid shifts and/or blood loss.
* **Coronary artery disease, known or suspected history:**(including chest pain or angina), MI, heart bypass surgery, cardiac stents or PTCA, positive stress test, pacemaker, implantable cardiac device (ICD), life vest, arrhythmias, or atrial fibrillation.
* Congestive heart failure (CHF), current history or symptoms; heart murmur or leaky heart valves
* Diabetes – poorly controlled
* Hypertension – i.e., SBP>160mm Hg or DBP>110mm Hg
* BMI > 40 or weight > 300 pounds
* Lung problems: pulmonary hypertension, COPD, severe / uncontrolled asthma, recent pneumonia (<3 months)
* Sleep apnea
* Kidney disease or failure (or Creatinine > 1.5)
* Liver disease (chronic hepatitis, cirrhosis, fatty liver)
* Strokes, TIAs, or blood clots in the legs or lungs (DVT, PE)
* Blood thinners (Coumadin / Warfarin, Plavix / Clopidogrel, Lovenox)
* Personal or family problems with anesthesia (malignant hyperthermia or severe nausea/vomiting)
* Cervical neck instability – Rheumatoid arthritis, difficulty moving neck or opening mouth
* History of difficult intubation or any other known anesthesia complications / problems
* Chronic or debilitating disease requiring recent hospitalization of physician care

**\*\*OPAC patient testing will be done per the Anesthesia, EBP Clinical Guidelines and Perioperative Guidelines with individual patient assessment. We arrange combined surgeon preop testing preferences/orders with anesthesia preop testing.**

* **Please enter ambulatory referral to OPAC via IHIS with specific reason/condition indicating the necessity for the OPAC appointment**
* **Please schedule future OPAC appointments via Central Scheduling at 614-293-2300**
* **Please schedule same day OPAC appointments via OPAC at 614-366-7500 option 3 – *all same day add on requests are triaged with the Attending Anesthesiologist for appropriateness***