Vestibular-Oriented Research Meeting

Know Before You Go

MAIN MEETING LOCATION

University of Colorado Boulder Grand Ballroom at the University Memorial Center 1669 Euclid Ave. Boulder, CO 80309

AIR TRANSPORTATION

<u>Denver International Airport</u> (DEN) is the main airport hub closest to Boulder, located about 40 miles away, and accommodates all major national and international flights.

GROUND TRANSPORTATION

- Uber or Lyft
- <u>Car rental</u> There are over 10 rental car companies located at the Denver airport. A courtesy shuttle is provided to and from the Jeppesen Terminal.
- <u>Local taxi companies</u> Boulder is located in Zone C and will have a flat rate fee of \$89.03. Broomfield and Louisville Area will have a flat rate fee of \$71.03.
- <u>Public Bus Service</u> There is a public bus that travels to Boulder. Visit the <u>RTD website</u>, and click on *Schedules* to view the *Bus Schedules* to Boulder and to Broomfield.

HOTEL ACCOMMODATIONS

Courtyard Boulder Broomfield

948 W Dillon Rd. Louisville, CO 80027 303.604.0007

Check In Time: 3:00 pm Check Out Time: 12:00 pm

Hyatt Place Boulder/Pearl Street

2280 Junction Pl. Boulder, CO 80301 303.442.0160

Check In Time: 3:00 pm Check Out Time: 12:00 pm

Residence Inn Boulder Broomfield

845 Coal Creek Circle Louisville, CO 80027 303.466.7007

Check In Time: 3:00 pm Check Out Time: 12:00 pm

Basecamp Boulder

2020 Arapahoe Ave. Boulder, CO 80302 303.449.7550

Check In Time: 4:00 pm Check Out Time: 11:00 am Shannon Gilmore: 415.548.3555 shannon@basecampboulder.com

SHUTTLE SCHEDULE

	AM – from hotels to UMC	PM – post-meeting to hotels
Monday 6/26	7:30 am & 8:30 am	4:50 pm – from UMC to hotels
Tuesday 6/27	7:30 am & 8:30 am	4:50 pm – from UMC to hotels
Wednesday 6/28	7:30 am & 8:30 am	4:15 pm – from UMC to hotels (for anyone not doing the lab tour) 4:15 pm – from UMC to Bioastronautics Lab (separate transportation to be provided) 5:30 pm – from the Bioastronautics Lab to Avanti 5:30 pm – from Broomfield hotels to Avanti 9:00 pm – from Avanti to hotels
Thursday 6/29	7:30 am & 8:30 am	Bus #1: 11:50 am – from UMC to airport Bus #2: 11:50 am – from UMC to hotels

ABOUT UNIVERSITY OF COLORADO BOULDER

- University of Colorado Boulder
- <u>Campus information</u>
- Campus map

UNIVERSITY OF COLORADO BOULDER PARKING AND TRANSPORTATION

- Parking and transportation
- Boulder community transit network
- Campus routes
- For ease of use, tracking and arrival times, download the CU Boulder's Buff Bus transit app on Google Play (Android) or the Apple Store (iOS). Once users download the app, they can select specific Buff Bus routes as favorites to receive real-time service alerts and notifications.
- How to track departures on the transit app
- <u>City routes</u>

SOCIAL EVENT

Wednesday, June 28, 6:00 pm-9:00 pm, including Poster Award Presentation

Avanti Food & Beverage-Boulder

1401 Pearl St. Boulder, CO 80302 720.343.7757

See shuttle schedule for transportation to and from the event

13 THINGS YOU SHOULD KNOW ABOUT TRAVELING TO BOULDER

from Lonely Planet.com

Boulder sits at 5328 feet above sea level – not the highest elevation in Colorado, but high enough that some travelers coming from sea level experience the effects of altitude sickness. If you have headaches, nausea, fatigue or trouble sleeping during your trip, these symptoms might be a result of pressure and oxygen differences. Some ways to avoid altitude sickness are staying hydrated, drinking alcohol in moderation and avoiding salty foods – all of which can also help you adjust to Colorado's dry climate.

MUST-SEE BOULDER from Boulder Colorado USA.com

The brick-paved <u>Pearl Street</u> is Boulder's heart and soul — a central gathering place where locals and visitors alike come to stroll and shop among the historic storefronts, dine at buzzed-about restaurants, sip coffee, throw back a microbrew or simply people-watch. If you do only one thing in Boulder, walking this pedestrian mall should probably be it.

THINGS TO DO (before or after the Vestibular-Oriented Research Conference!)

- Colorado Shakespeare Festival
- Art Galleries
- Top Restaurants
- <u>Museums</u>
- Hiking
- Guided Tours
- Nightlife

OTHER AREA-FRIENDLY WEBSITES

- https://travelboulder.com/
- https://www.bouldercoloradousa.com/things-to-do/must-see-boulder/
- https://bouldercolorado.gov/guide/visiting-boulder



