

# Ohio State Sports Medicine Summit

**April 21, 2023** 

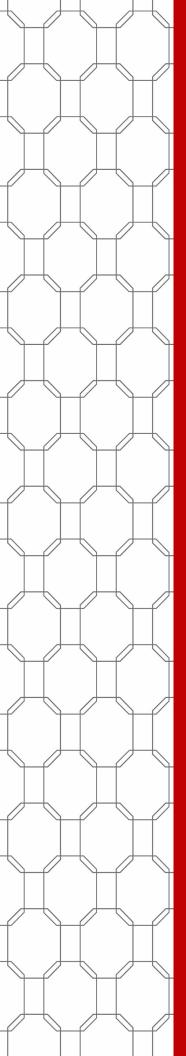
# **Course Description**

This course will provide guidelines on serving as a part of the team who provides sports medicine care from high school and collegiate to professional levels. It will also review considerations with respect to the coordination of on-site event medical coverage. Additionally, this course will explore operative, non-operative and rehabilitation considerations when treating sports medicine patients.

# **Course Objectives**

- 1. At the completion of this course, the participants will understand the standards of care and preparation for sideline medical coverage for athletic events.
- 2. At the completion of this course, the participants will understand the hub of the wheel concept for coordinating the medical care of an athletic team or university athletic department.
- 3. At the completion of this course, the participants will understand how to avoid the common pitfalls of interactions with athletes, athletic trainers, coaches, parents, and agents.
- 4. At the completion of this course, the participants will understand the team physician's role in balancing an athlete's short-term and long-term health with team and personal goals.
- 5. At the conclusion of this course, participants will understand the intraoperative options available for addressing unexpected surgical challenges in the shoulder, elbow, knee, hip, and ankle.
- 6. At the conclusion of this course, participants will understand the minimally invasive and orthobiologic options for treatment of in-season athletes for their acute and chronic musculoskeletal injuries and conditions.
- 7. At the completion of this course, participants will understand the surgical and non-surgical rehabilitation continuum for femoral acetabular impingement, patellar instability, and shoulder labral injuries
- 8. At the completion of this course, participants will have exposure and understanding of the application of blood flow restriction training and dry needling for the upper and lower extremities.





### **Accreditation: Physicians**

The Ohio State University Center for Continuing Medical Education (CCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

The Ohio State University Center for Continuing Medical Education (CCME) designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s) ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Accreditation: Physical Therapists / Athletic Trainers**

6.5 hours BOC and OPTA credit (pending)

This event will be held in person at the iconic Ohio Stadium. Educational formats will include lectures, case presentations, collaborative Q&A sessions, and livestreamed demonstrations from Ohio State's Surgical Skills Lab.

For questions about accessibility or to request accommodations, please contact Amber Thompson at <a href="mailto:Amber.Thompson2@osumc.edu">Amber.Thompson2@osumc.edu</a>. At least two weeks' advance notice will help us to provide seamless access.

Date: Friday, April 21, 2023 Time: 7:55 a.m. – 3:30 p.m.

Location: Ohio Stadium | 411 Woody Hayes Dr, Columbus, OH 43210

