Communicating With Your Doctor

The PACE Guide Sheet

APPOINTMENT DATE	TIME	DOCTOR	
Reason(s) for the Appointment		Diagnosis and Prognosis	
Describe your symptoms and conce		Tests or Procedures	
What do you hope can be done to he	you?	Medications	
Ask Questions and Express Concerns		Other Treatments	

CHECK YOUR UNDERSTANDING

- Ask the doctor to repeat or clarify information that is unclear
- Repeat aloud what the doctor said
- Summarize your understanding of what the doctor said

DON'T FORGET TO

- Bring all your medications or make a list of them and how they are taken
- Ask for a copy of test results or procedure reports

