

Communicating With Your Doctor: The PACE Guide Sheet

Appointment Date _____ Time _____ Doctor _____

Reason(s) For the Appointment

Presenting Detailed Information:

Describe your symptoms and concerns.

What do you hope can be done to help you?

Checking Your Understanding

- Σ Ask the doctor to repeat or clarify information that is unclear.
- Σ Repeat aloud what the doctor just said.
- Σ Summarize your understanding of what the doctor just said

Asking Questions & Expressing Concerns

Diagnosis and Prognosis

Tests or Procedures

Medications

Other Treatments

Don't Forget To:

- Σ Bring all your medications, or make a list of them and how they are taken.
- Σ Ask for a copy of test results or procedure reports.