In 2017, I became the Vice Chair of Education for the Department of Family Medicine. In this role, I am able to integrate various programs and projects in undergraduate medical education, graduate medical education and post graduate faculty development in our department. Our department has always been very involved in education and two of our recent programs will be highlighted.

In 2016, our department was recruited to create (or reinstitute), implement and evaluate an accelerated medical school pathway, called the Primary Care Track. This is an accelerated medical school curriculum that graduates students from medical school in three years. We currently have two students Amara Decker and Allison Porter in this pathway who are finishing up their first year. Dr. Sondos Al Sad and Dr. Jan Westphal are their physician preceptor/mentors for three years with Dr. Don Mack and Dr. Beth Panchal covering as back up preceptors. Dr. Riza Conroy is their portfolio coach and Dr. Janet Mason is their Longitudinal Group Preceptor. They will be working on their Host Defense block during the first summer, while their peers are enjoying summer break. Our new students will start summer 2018 and their home office will be at Carepoint East.

In 2015, Doug Post PhD wrote and submitted an application for a HRSA grant which focused on interprofessional education in the patient centered medical home that was approved the summer of 2016. This grant has four main objectives with a fifth supplemental objective that was added last year.

Objective 1. Inter professional education integrated into the MS 1 and MS 2 curriculum
Objective 2 Integrating the Primary Care track into the inter professional education
Objective 3 Medical Informatics Teaching Modules
Objective 4 Health Quality and Safety education including projects in the Family Medicine Residency
Objective 5 Substance Use Disorder Education Modules

Thank you to the many grant participants in the Department of Family Medicine for helping us to meet the education goals proposed.
Leon McDougle, MD, MPH, who serves as the Chief Diversity Officer for the Wexner Medical Center was recently selected to be inducted into the Alpha Omega Alpha Gamma Chapter of Ohio as an Alumni Member. Each year, the AΩA selects a few outstanding professionals from within the community who have a reputation of being knowledgeable and dedicated to honor! Congratulations Dr. McDougle!

Nicole Hollingshead, PhD and Risa Long, PhD will both be joining the department after they finish their fellowships late this summer. Congratulations Dr. Hollingshead and Dr. Long!

Kristen Rundell, MD was recently appointed from a Visiting Associate Professor to an Associate Professor of Clinical Family Medicine within the department. She currently serves as our Vice Chair of Education, the Director of Longitudinal Practice for the LSI Curriculum and is the Co-Director of the Primary Care Track Accelerated Medical School Curriculum. Congratulations Dr. Rundell!

Our two Primary Care Psychology Fellows have both passed their Examination for Professional Practice in Psychology (EPPP) licensing exam this past month. Nicole Hollingshead, PhD and Risa Long, PhD will both be joining the department after they finish their fellowships late this summer. Congratulations Dr. Hollingshead and Dr. Long!

The Ohio State University School of Medicine had 14 students match into Family Medicine Residency Programs this year! See where they are going below:

- Eisenhower Medical Center—Rancho Mirage, CA
- Ft. Wayne Medical Education Program, Ft. Wayne, IN
- Grant Medical Center—Columbus, OH
- Medicine Carolinas Medical Center—Charlotte, NC
- Mount Carmel Health System—Columbus, OH
- Naval Hospital Jacksonville, Jacksonville, FL
- Northern New Mexico College—Santa Fe, NM
- Palmetto Health Richland—Columbia, SC
- Riverside Methodist—Columbus, OH
- OSU Wexner Medical Center—Columbus, OH
- University of Colorado School of Medicine—Aurora, CO
- University of Nevada School of Medicine—Reno, NV
- Utah Valley Regional Medical Center—Provo, UT
- York Hospital—York PA

**MEDICAL STUDENT AWARDS**

Patrick Fahey MD, Award in Academic Excellence — John Wegman—In recognition of a student’s dedication to family medicine, family medicine research, and the teaching of family medicine and exemplifying a pivotal role in family medicine in the future.

Professionalism and Community Award — Maya Armstrong
In recognition of a student’s unwavering commitment to serving the needs of others, demonstrating exceptional sensitivity and responsiveness to a diverse group of patients and demonstrating respect, compassion and integrity

Leadership Award — Anna Askari
In recognition of a student’s leadership involvement in the department, at the College of Medicine and at the State and/or National levels within the discipline of Family Medicine

Global Health Award — Riley Smith
In recognition of a student consistently participating in local and global efforts to improve the health of communities.
Milisa Rizer, MD received the 2018 Physician of the Year award from EPIC during the Expert User Group (XGM) Meeting. She was recognized for her outstanding contributions to EPIC and the improvement of the EMR. She was also noted to be the first women to win this award! Congratulations Dr. Rizer!

Dr. Williams Alexander joined the Department as a Clinical Assistant Professor of Family Medicine at Rardin where she will be seeing patients full time. She is from Cleveland, Ohio and received her bachelors and doctoral training in Psychology at Wright State University School of Professional Psychology and is clinical trained as a generalist practitioner. She has a special interest in anxiety disorders, mood disorders, adjustment disorders, multicultural factors and ADHD/LD/ASD assessment. Outside of work, she enjoys spending time with her partner and their five loving kids. She is a former basketball and volleyball player, where she played on the women’s club team in college and continues to play in competitive volleyball leagues post-college! Welcome Dr. Williams Alexander!

Aaron Clark, DO was recently appointed to the position of Associate Chair in the Department of Family Medicine effective July 1, 2018. He joined the department in 2010, served as Lead Physician at CarePoint Gahanna from 2013-2015, and transitioned in 2015 to the title of Assistant Professor of Clinical Family Medicine, where he assumed the roles of Vice Chair for Community Affairs and Chief Clinical Officer for PrimaryOne Health. In his new role, Dr. Clark will provide leadership and support across all three mission areas of the department, and will work with Dr. Welker, the Vice chairs, and Program Directors to advance these missions through strategic planning, outreach, and building partnerships. He will also be actively involved in the recruitment, onboarding, development, and retention of faculty. Congratulations Dr. Clark!

Dr. Graef, Dr. Walrod, and Dr. Wexler have all been quoted in news stories over the past month. Dr. Graef discusses how the day-in-and-day-out sense of disappointment of a sports team losing teaches children a sense of resiliency. Dr. Walrod speaks on how heart rate training can benefit everyone during their workout sessions and Dr. Wexler discusses why ones hands are always cold! Read more articles like these on OneSource!
DEPARTMENT NEWS

Drs. Miser, Mack, and Sheikh attended the Family Medicine Advocacy Summit in Washington DC. Dr. Miser is representing the Association of Family Medicine Residency Directors, Dr. Mack is representing the Ohio Academy of Family Physicians and Dr. Sheikh is on a scholarship where he will meet with staffers of central Ohio congressmen!

John McConaghy, MD and Dan Fosselman, DO have an article on hyperhidrosis being published in the June 1st edition of *American Family Physician*! Well done!

Members of the New Albany Family Medicine Office participate in the New Albany Founders Day Parade on May 19th!
### Happy Birthday!

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### Years of Service

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<td>Ozan Suer</td>
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### MEDICAL STUDENT EDUCATION

Nine soon-to-be fourth year medical students received $500.00 each to attend the 2018 AAFP Nation Conference in Kansas City, MO in early August. Our students were awarded a total of $4,500 from The Doctors’ Foundation in Cincinnati, Ohio.

### COMMUNITY DAY

The Ohio State University Wexner Medical Center’s 18th annual Community Health Day is Saturday, June 2nd at CarePoint East. They are looking for volunteers to make the day a success. Register and learn more online [here](#).

### TOP COMMENTS

Four of the OSUWMC Top Ten Comments of the Week were praise for the Department! The patient comments are below:

- **Anoosheh Behrooz, MD**—“she is HANDS DOWN the BEST provider I have ever had! I love how thorough and helpful she is and how well she listens to my needs.”
- **Riza T Conroy, MD**—“I would rate Dr. Conroy as the BEST doctor that I have ever had. She went above & beyond to help me, support me and she truly cared about me as a person. I would highly recommend her to anyone seeking a PCP.”
- **Dianna L Womer, CNP**—“I love that she listens to me and looks at the whole picture, and is willing to consider multiple possibilities and dig until we figure out the answer to a medical problem. She treats me kindly and with respect, as a partner in my medical care.”
- **Sara E Wortman, PharmD**—“Always friendly, addresses my health issues, responds quickly, shows compassion and concern.”
FACULTY SPOTLIGHT

Anoosheh Behrooz, MD completed both medical school, a residency in infectious diseases and a Masters of Public Health in Iran before completing a residency in family medicine at the University of Florida. She then joined the department as an Assistant Professor in Family Medicine in October 2010 after spending a few years as a faculty member in Florida. She currently practices at Upper Arlington and is very involved with OSU medical students. Dr. Behrooz is very interested in preventive medicine and focuses on individualizing and tailoring the needs and goals of her patients to improve their health. Outside of work she has two sons who are both very involved in sports and she likes to spend her free time with family and friends, traveling, reading, and cooking!

Harkiran Singh, MD studied medicine at the American University of the Caribbean where he completed his basic sciences in St. Maarten followed by his clinical rotations in Brooklyn, Queens, and Long Island. He then moved to Columbus to complete his residency at Mount Carmel St. Ann’s. Dr. Singh joined the department in September 2016 after always wanting to have a career with an academic institution. He currently practices at Worthington and also participates in medical student education. He believes in collaborating with his patients to maintain their health and prevent complications of both acute and chronic illnesses. In his spare time he enjoys exercising, trying new restaurants, traveling and keeping up with his Buffalo Bills football!

RESIDENT SPOTLIGHT

Jordan Hilgefort, MD received his undergraduate degree from Marshall University where he played soccer before attending Marshall University for his medical degree. He has served as our assistant chief resident and was elected to be our chief resident for the 2018-2019 academic year. Throughout his past two years here, he has helped develop the OB call system and continue to work to improve this. He decided to come to The Ohio State University for the “quality and reputation of the program and being a member of a large, prestigious, academic university and how it provides exposure to leaders in medicine.” Outside of work, Dr. Hilgefort enjoys playing and coaching soccer, reading, and exploring the local Columbus food scene!