DR. CRONAU’S RETIREMENT

Dr. Holly Cronau first joined the department as an Assistant Professor of Clinical Family Medicine in 1995 and promoted to Associate Professor of Clinical Family Medicine in 2006. Over the years, she has served in multiple leadership roles related to medical student education including clerkship director, predoctoral director and director of clinical education. She has trained medical students in the clinical office, the classroom, and small group settings. In recognition of her dedication and excellence in education, she has received numerous awards including OSU Family Medicine Residency Program Teacher of the Year and the Ohio Academy of Family Physician Educator of the Year. The College of Medicine has honored her with their Distinguished Educator Award, preceptor All Star Award, Courage to Teach Award, and Faculty Achievement Award. She has also been recognized for her excellence in patient care through patient satisfaction awards and recognition as America’s Top Doctors by the Consumer’s Research Council of America. Over her career, she had 22 publications and co-developed two educational products. Additionally, she participated in numerous grants, and served as PI on some of them. For these reasons and many more, we will miss Dr. Cronau and the effort she has given to the Department of Family Medicine and the College of Medicine. We wish her the best in all she does in the future.

IN THIS ISSUE

- OPCPCC Features Primary Care Track
- 10 Healthy Habits to put in place by Age 40
- CNP Spotlight
- Resident Spotlight
- What’s with all the tests at the doctor’s office?
- Faculty Spotlight
- How to move mindfully into the holidays
- Top Comments

The 2017-2018 annual report is available! Read it here.
OPCPCC FEATURES OSU’S 3 YEAR PRIMARY CARE TRACK

The Ohio State University’s three-year Primary Care Track program was featured in Ohio Patient-Centered Primary Care Collaborative’s (OPCPC) winter newsletter. Department of Family Medicine’s Education Program Manager, Ericka Bruce and Vice Chair for Education, Kristen Rundell, MD discussed the program. The full article can be read here.

IN THE NEWS

Saudi entrepreneur and Amish farmers bring camel milk to US. Lori Chong, RDN, LD, CDE is quoted. The full article can be read here.

Everyday Health: Eating a handful of nuts a day may help with weight control, study finds. Lori Chong, RDN, LD, CDE is quoted. The full article can be read here.

YEARS OF SERVICE

Sondos Al Sad 3 years

10 HEALTHY HABITS TO PUT IN PLACE BY AGE 40

Riza Conroy, MD – Clinical Assistant Professor of Family Medicine

Forty years in plenty of time for us to get stuck in our ways. So after turning four decades old, what should we do? I recommend that those in their 40s really take a hard look at their lives – physically, mentally and spiritually. This self-reflection can include our work, health, relationships, even the way we eat. Are we giving equal time for the things that are important to us? Or are we taking certain aspects of our lives for granted? Continue reading here.
HAPPY BIRTHDAY!

Amanda Herrmann, Dec. 1st
Janet Nelson, Dec. 1st
Michelle Smith, Dec. 1st
Elizabeth Appiah, Dec. 1st
Ann McAlarney, Dec. 2nd
Tamara Alexander, Dec. 2nd
Tiara Brooks, Dec. 3rd
Kristin Buck, Dec. 8th
Cynthia Maddox, Dec. 9th
Ashley Jones, Dec. 9th
Margaret Williams, Dec. 11th
Rebecca Chapman, Dec. 11th
Neil Borja, Dec. 12th
Teshay Ashworth, Dec. 12th
Takeela Williams, Dec. 13th
Jordan Hilgefort, Dec. 15th
Jeanette Davis, Dec. 16th
Diane Habash, Dec. 20th
Nicholas Musico, Dec. 22nd
Gordon Brown, Dec. 23rd
Natalie Fisher, Dec. 25th
Anossheh Behrooz, Dec. 25th
LeAnne Benson, Dec. 29th
Stephanie Cook, Dec. 29th
Trevor Bradley, Dec. 30th
Milisa Rizer, Dec. 30th
Samantha Clark, Dec. 31st
Donald Mack, Dec. 31st
Laura Richards, Dec. 31st
Debra Dye, Dec. 31st
Allison DeLucia, Dec. 31st
Kathy Deborde, Dec. 31st

CNP SPOTLIGHT

Caitlin (Rose) Grady, APRN-CNP completed her BSN in nursing at Otterbein University and MS at The Ohio State University. She has experience as a nurse practitioner in family medicine and experience as an RN in inpatient oncology, family medicine, and vascular thoracic surgery. She is a member of the American Academy of Nurse Practitioners and the Ohio Association of Advanced Practice Nurses. While originally from Wadsworth, Ohio, she has lived in Westerville for the past 9 years. Her hobbies include traveling with her husband, hiking, running half marathons with her family, and playing with her dog, Sybil. Caitlin practices at the Outpatient East Walk-In Clinic.

RESIDENT SPOTLIGHT

Dr. Jeffrey Schord is one of the department’s 3rd year residents, and is Assistant Chief Resident – University Track. Originally from Livermore, CA, he received his undergraduate degree from the University of California-Berkley and his MD from The Ohio State University. His hobbies include running, and watching/playing sports (especially his alma mater UC Berkeley). Dr. Schord will be joining the department as a faculty member in July 2019 and will be practicing at OSU Family Medicine at Worthington.

WHAT’S WITH ALL THE TESTS AT THE DOCTOR’S OFFICE?

Have you ever wondered what your doctor is looking for when poking and prodding you during an exam? Associate Professor of Clinical Family Medicine, Dr. Aaron Clark, provides a rundown of what happens during an exam at the doctor’s office. The full article can be read here.
HOW TO MOVE MINDFULLY INTO THE HOLIDAYS

Maryanna Klatt, PhD – Professor of Clinical Family Medicine

As we embark on the busy holiday season, it’s easy to become stressed out by the extra demands on our time and energy. But instead of just getting swept along by the holiday frenzy, why not try to practice mindfulness to create the holidays you really want? Find out more here.

TOP COMMENTS

Elizabeth Beck, APRN-CNPN “Liz is amazing! Always makes me feel comfortable and valued.”

William Miser, MD “BEST CARE PROVIDER I HAVE EVER HAD IN MY LIFE! William F. Miser is a COMPLETE primary care provider.”

Katherine Jurden, APRN-CNPN “All great experiences. I have total trust in Katherine as my primary care provider.”

Sophia Tolliver, MD “Dr. Tolliver was great and I have already recommended her to my friends looking for a new PCP. She listened to my concerns and was empathetic and good at explaining things and the reasoning behind ordering labs.”

FACULTY SPOTLIGHT

Dr. Melissa Davis earned her undergraduate degree from the University of San Francisco and her MD from the Latin American School of Medicine in Havana, Cuba. She joined the department in 2015 as a Clinical Assistant Professor after completing the Family Medicine Residency (Urban Track) program here at OSU. Dr. Davis’s primary practice location is at OSU Family Medicine at Outpatient East, where she sees patients, precepts the department’s Urban Track residents, and serves as lead of the OSU Transgender Primary Care Clinic. Additionally, Dr. Davis supervises the residents on the inpatient service at East. When not working, Dr. Davis enjoys renovating her 100-year-old brick duplex in Old Towne East with her husband, spending time with their two sons, Samuel (8) and Rafael (2), and taking short road trips.

FACULTY SPOTLIGHT

Dr. William (Bill) Buoni, is an Associate Professor of Clinical Family Medicine who practices at OSU Family Medicine at Outpatient Care Upper Arlington (where he also serves as Clinical Lead). Dr. Buoni received his Bachelor’s degree and MD at The Ohio State University, in addition to completing his residency at OSU as well. Dr. Buoni is the recipient of numerous awards and honors, including Best Doctor awards, Family Medicine Residency Teaching awards, the AAFP Foundation Immunization Award, and The Ohio State University Wexner Medical Center Customer Service Award.