The opening image of *The Lion King* tells it all. Rafiki holds up Simba to the approving, roaring crowd while Simba’s father, Mufasa, looks on proudly. Over the next two hours we see the growth of Simba as he matures, and by the end, replaces his father as he proudly looks upon his new son. Such is the circle of life of a young resident as he/she grows from a just-graduated medical student to a mature, professional family physician ready to take on health care.

We experience that circle of life each year in our residency program as we simultaneously and joyously welcome our new residents, as we promote our junior residents to senior residents, and launch our graduating residents to the world. It’s definitely a bittersweet moment.

It’s difficult to see our graduates leave — those whom we have come to know and love over the past three years. But as proud parents we also know they are ready to leave the nest and do great things. This year’s graduates were an outstanding group who are destined to do great things to improve people’s lives. We were fortunate to keep two of those residents in our department; the others went on to various locations (found on the map in this newsletter). We celebrated their graduation in a wonderful setting with great food and fun. Dr. Bethany Panchal provided the graduates with sage advice on the need for contentment no matter what their future lives may bring.

We have graduated 88 residents over this past decade. Of these graduates, 48 have stayed in the State of Ohio. Their first “jobs” included private or group family medicine (29), fellowships (17, most common being sports medicine), teaching faculty (14), rural or underserved medicine (10), with the remainder serving in various settings.
At the same time we were saying “farewell, we’re proud of you, best wishes, and don’t become a stranger as you are always part of our family,” we were also saying, “welcome to the family and here are the things you need to know to be successful over the next three years” to nine new first-year residents. In our last newsletter edition we highlighted these individuals. They, like their seniors who just graduated, are a great group!

Before we launch them into their rotations for the year, we have them for seventeen days. Over the years we have worked to perfect what we do during this time. Of course, we need them to move in to their new accommodations, get oriented to our office, our hospitals, and the community, and have fun activities that help them bond as a class and also with the staff, residents, and faculty of our program. We also cover the necessary but sometimes yawn-producing items such as human resources, expectations, rules, policies and regulations. We collect data through baseline assessments with OSCEs, tests, patient scenarios, and self-assessments. I have the opportunity to sit with each to review and help them develop their life’s mission statement and set their goals for the next three years. Finally, our residents take each of them the day before to their first rotation to take out some of the angst of that first day.

The month of June is one of those “hectic” months, and we would not be able to do it without the help of Ms. Laura Thompson, our program coordinator, Ms. Whitney Brumley, our residency associate, and our faculty, residents and staff. Here’s to the beginning of the next circle of life!

I invite you to visit our residency web site to learn more about our residents, faculty, and program. I hope we can stay in touch. Let us know what is going on in your life. Feel free to e-mail me at miser.6@osu.edu. Go Bucks!
Our graduating seniors were recognized and celebrated during our Class of 2017 Graduation on June 17th at The Boat House at Confluence Park. The graduates, their families and friends, faculty members and staff gathered to reminisce on the past years while enjoying dinner and the awards ceremony, along with our fantastic speakers. Dr. Bethany Panchal was asked by the graduates to speak on her experiences and take on work-life balance. She touched on her personal life, juggling her family and work life and introduced a new term of work-life contentment; stating that there will never be an exact balance but instead you must find that schedule that allows you to be content. She finished her speech making sure that each graduate knew that life after residency would be different, and to ensure that they each continue doing what makes them happy! Following Dr. Panchal, Dr. Buoni presented numerous awards to both the graduates and some current residents, before himself being honored with both the University Preceptor of the Year and the Educator of the Year Awards. Throughout the night, it was apparent that the graduates would not be where they are without the support from their friends and family. Each graduate chose a significant person in their life to thank and present with a certificate of appreciation for the constant love, support, and understanding that it takes to get through residency. Finally, the presentation concluded with each graduate begin presented their diploma along with closing remarks from Dr. Miser. The night was one that we don’t expect our graduates to forget anytime soon!
The Department of Family Medicine welcomed the new intern class at the beginning of Orientation with a welcome breakfast for all. Members of the residency, including the faculty, staff, and clinic staff attended to get to know the interns and show them around their ‘new home.’ The following two weeks were filled with credentialing, an intern photo shoot, yoga with Dr. Maryanna Klatt, a Women’s Health workshop with Dr. Bethany Panchal and finding out what character you would be in Star Wars and Harry Potter based on your Meyers-Briggs personality type. The interns were also given tours of the Medical Center, University Hospital East, as well as the clinics prior to their first day of rotations.

While it was a jammed packed two weeks, the welcome picnic was a perfect time to relax and enjoy the company of others! The new intern class, were joined by fellow residents, faculty, and friends at Dr. Miser’s house for an evening filled with great food from City BBQ, tasty desserts, and a friendly volleyball competition during the annual Welcome Picnic! The weather was perfect and it was a great opportunity to interact outside of work, meeting and getting to know each other’s spouses and friends.
The Department of Family Medicine is excited to welcome the first of our Primary Care Psychology Fellows starting in August! This new fellowship provides a one-year program designed to train the next generation of psychologists with the goal upon graduation to have a wide range of knowledge and skills needed to be successful in an integrative behavioral health and primary care setting. Two fellowship positions are offered each year at multiple locations including Rardin Family Practice, Upper Arlington, and CarePoint East. In addition to providing clinical services, fellows participate in regularly scheduled training activities such as weekly supervision with licensed psychologist(s), monthly behavioral health didactics, and side-by-side training with family medicine residents. Fellows play an integral role in training resident physicians and may have the opportunity to provide supervision (under the direction of a licensed psychologist) to other psychology trainees. Psychology fellows will also have the unique opportunity to develop skills essential for reshaping primary care practices to better accommodate team-based integrated and collaborative care. For more information about this new program please visit the website here.

Our Grand Rounds calendar is booked for the next academic year! Our didactics committee met in early June to discuss topics and the calendar schedule; and then reached out to many faculty and mentors around the city who agreed to come and present! We are always looking for additional presentations on any topics relating to Family Medicine. If you have a presentation you feel would be beneficial reach out to Whitney and whitney.brumley@osumc.edu to schedule!

We are very excited to welcome Dr. Faraz Ahmad to our residency team! Dr. Ahmad completed his Family Medicine and Preventive Medicine Residency at Case Western University in June 2017. He decided to come to The Ohio State University because he wanted to practice in an urban, underserved community, participate in health policy initiatives that directly impact these underserved communities and to teach medical students and residents. His program goal is to help train residents to provide quality care to underserved communities and to help these students and residents appreciate the importance of public health initiatives/approach and how to incorporate it into their practice. Outside of work, Dr. Ahmad likes to draw, play guitar, and play basketball. In addition to seeing patients, Dr. Ahmad will be precepting residents in our office, attending on our inpatient service, and working on preventive medicine projects. Welcome Dr. Ahmad!
Dr. William Buoni has been selected to serve as an Advocate in Ohio State’s Advocate and Allies for Equity initiative. More information is available here.

Dr. Melissa Davis was selected as a winner for the 2016-2017 LSI PWP Preceptor of the Year Award. Read more about the winners here!

Dr. Patrick Fahey was named to the Top Doctors List, along with four other members of Family Medicine, and has been featured in the August issue of Columbus Monthly!

Dr. Don Mack was installed as the President for the Ohio Academy of Family Physicians (OAFP). Get to know Dr. Mack and hear more about his vision for OAFP here!

Allison Porter and Amara Decker were selected to join the College of Medicine as the first students to complete the three-year track for medical students. Interviews were completed from around the country over the last year. Upon completion of their three years, they will enter directly into the OSU Family Medicine Residency Program to complete their training.

Residents Dr. Jocelyn Morin, Dr. Sandra Palmer, Dr. Amy Simpson, and Dr. Camille Moreno, joined by Dr. Emily Vrontos, C Bourne, R Cash, AR Panchal, and Dr. Bethany Panchal presented Prescribing Teratogenic Medications in Women of Childbearing Age and its Association with Contraceptives at the OSU Wexner Medical Center Research Trainee Day as well.

Third Year Resident Dr. Aloiya Earl has been busy these past few months with presentations at major conferences and publications. Her first was a poster presentation on the Demographic Trends in Elbow Overuse Injuries: Role of the Primary Care Provider at the OSU Wexner Medical Research Trainee Day in late April. Following that, she presented twice at the American Medical Society for Sports Medicine Annual Meeting at the beginning of May in San Diego. Along with her co-researchers, she presented her poster above and The return-to-play experience of college-aged athletes. Finally, she has both of these published in the Clinical Journal of Sports Medicine.

The Ohio State Family Medicine Interest Group has earned a 2017 Program of Excellence Award! Read more here!

Residents Dr. Linda Williams and Dr. Natalie Baer presented their poster Using Autoantibodies to Differentiate Type 1 versus Type 2 Diabetes Mellitus at the 2017 Annual Society of Teachers Family Medicine Spring Conference in San Diego, California.

Dr. Bethany Panchal, joined by others, gave a seminar at the Society of Teachers of Family Medicine Annual Spring Conference on Sticking With it: Mentoring New Maternity Child Health Providers for the Long Haul.