

Combined Internal Medicine-Pediatrics Residents

PGY4



Matt Emery, MD

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Hometown: Raleigh, NC

Undergrad: Duke University

MD: Wake Forest School of Medicine

Why OSU/NCH for residency: Both institutions provide phenomenally diverse clinical exposure and have fantastic educational climates. Columbus is also a surprisingly affordable city that is quite large but doesn't feel like it.

Career plans and interests: Combined adult and pediatric hospital medicine

Hobbies: Singing, running, gardening, Crossfit, backpacking, snowboarding

Favorite OSU or NCH rotation: Adult inpatient oncology

Why choose Columbus? What's not to love? The food, music, and microbrew scenes here are all amazing. Plus, we have one of the best zoos in the world!



Katie Ernst, MD

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Hometown: Columbus, NE

Undergrad: University of Nebraska

MD: University of Nebraska

Why OSU/NCH for residency: Columbus is a midwest city which is what I was used to, yet I knew no one here so it would be a new adventure. I wanted a large program with a stand alone childrens hospital. All those things definitely narrowed my decision down. Ultimately it was a gut feeling I got on interview day knowing these were "my people"

Career plans and interests: Being Med-Peds I'm perpetually indecisive. Leaning more towards outpatient this week :)

Hobbies: Being outside. Drawing. Reading fiction. Cooking.

Favorite OSU or NCH rotation: Ross Nights (you, another resident, and a fellow basically cover the whole heart hospital). Hardest month of residency but by far the place I grew the most as a doctor. I say it's my favorite now that it's over.

Why choose Columbus? I love my neighborhood and the layout of the city. I can ride my rusty old 1972 Schwinn just about anywhere.



Matthew Lyons, MD

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Hometown: Houston, TX

Undergrad: Trinity University

MD: Texas Tech University Health Sciences Center Paul L. Foster School of Medicine

Why OSU/NCH for residency: Awesome people, great balance of strong medicine and peds programs, lot's of room for resident projects (QI, research, education)

Career plans and interests: Internal Medicine - Pulmonary/Critical Care

Hobbies: Running, Hiking, Spending time outdoors, Eating

Favorite OSU or NCH rotation: OSU MICU :)

Why choose Columbus? It's a great balance of having all the amenities plus reasonable cost of living, great food and drink, good weather, and friendly people.



THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

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Sarah MacDowell, MD

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Hometown: Cincinnati, OH

Undergrad: Knox College

MD: George Washington University

Why OSU/NCH for residency: Great balance of between medicine and pediatrics with both sides having great depth and breadth of exposures. Also loved the people that I met on my interview date.

Career plans and interests: Infectious disease especially immunocompromised host and HIV management with a blend of advocacy work especially around the intersection of housing and healthcare.

Hobbies: Listening to NPR and podcasts. I also used to be a competitive swimmer and try to still try to get as many yards in a week as I can.

Favorite OSU or NCH rotation: MICU

Why choose Columbus? It has everything you need with less of the traffic. There are also plenty of places to get a good cup of coffee.



Lucy Rosenbaum, MD

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Hometown: Providence, RI

Undergrad: Boston University

MD: University of Pittsburgh

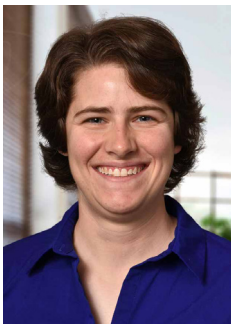
Why OSU/NCH for residency: the people!!

Career plans and interests: Heme/Onc or maybe everything

Hobbies: Plants, spending time with friends, running,

Favorite OSU or NCH rotation: NICU/MICU and Heme 5

Why choose Columbus? It has a great mix of city things and outdoor activities



Mary Ryan, MD

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Hometown: Cleveland Heights, OH

Undergrad: University of Dayton

MD: Ohio State University

Why OSU/NCH for residency: I loved the people I met, and it provides fantastic training in both medicine and pediatrics.

Career plans and interests: Primary Care

Hobbies: Playing/watching any sports, plants

Favorite OSU or NCH rotation: Newborn nursery

Why choose Columbus? Franklin Park Conservatory



Brittany Shrefler, MD

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Hometown: Willoughby Hills, OH (Near Cleveland!)

Undergrad: The Ohio State University

MD: The Ohio State University

Why OSU/NCH for residency: Incredibly strong medical training in IM as well as Peds. Strong Med-Peds culture with unique med-peds training options. Combined/dedicated Med-Peds clinic with amazing staff. Dynamic program directors. Location not too far from my family. Most of all, THE PEOPLE and culture are fun and supportive.

Career plans and interests: Med-Peds Primary Care! I like everything too much to just pick one specialty!

Hobbies: board games, rock climbing, vegetable gardening, hiking, recycling :P

Favorite OSU or NCH rotation: OSU: Heart Failure, Gen Med, Hepatology, Night float. Peds: Endo/Renal/Rheum, WellBaby, NICU, Diabetes Camp, Peds ED

Why choose Columbus? The people! Olentangy Trail, Park of Roses, bike lanes, Graeter's Ice Cream, OSU campus/events, Cambridge Tea House, my church, almost no traffic on large roads at 0600/1800.

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Corey Toocheck, MD

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Hometown: Trafford, PA

Undergrad: University of Pittsburgh

MD: University of Pittsburgh

Why OSU/NCH for residency: Columbus is a great city that is not too far away from my hometown. The categorical programs are both very strong and the Med/Peds identity here is definitely the best I found on the interview trail. There are tons of great opportunities for research. Most importantly, the people here are great and we are one big happy family.

Career plans and interests: General Med/Peds, Med/Peds Hospital Medicine, Transitional Care

Hobbies: Kayaking, Fishing, Hunting, Running

Favorite OSU or NCH rotation: Adult MICU

Why choose Columbus? It's hard to pick just one! Recreational opportunities are fantastic. There's a great food scene and lots of local breweries. Housing is affordable and most of the apartments have tons of amenities despite being very close to campus and downtown.



Akshay Vijayaraman, MD

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Hometown: Akron, OH

Undergrad: Akron, OH

MD: Akron, OH (I just couldn't leave!)

Why OSU/NCH for residency: Two large academic hospitals with great opportunities and ample resources. Also, the family atmosphere amongst our program was one of the biggest reasons.

Career plans and interests: Adult pulmonary/critical care. I have an interest in end stage lung disease, CF, and lung transplant.

Hobbies: Going to microbreweries and restaurant with friends. Traveling when possible. And is moonlighting a hobby?

Favorite OSU or NCH rotation: Favorite rotation is our advanced heart failure rotation and the acute coronary syndrome rotation.

Why choose Columbus? The short north which has a variety of restaurants, bars, shops, and coffee.



Sneha Xavier, MD

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Hometown: Eatontown, NJ

Undergrad: Rutgers University

MD: Rutgers New Jersey Medical School

Why OSU/NCH for residency: Loved the program!

Career plans and interests: Combined MedPeds Hospitalist/Primary Care

Hobbies: Botanical Gardens, everything Harry Potter, catching as many sunrises at the Jersey Shore, watching movie trailers

Favorite OSU or NCH rotation: Hepatology

Why choose Columbus? The perfect combination of a big city amenities, but easy access to many outdoor activities.