

CORONAVIRUS DISEASE (COVID-19)

How Ohio State is preparing and what you can do

Pay attention, stay calm

With so much information flying around it can be hard to know what to believe and what to do. That's normal, and it's ok. But, know that in all of this, we want you to have peace of mind.

The Ohio State team has been watching the situation closely and we are prepared. We are here today to help you, your family, and our entire community.

Ohio State's doctors, nurses, support staff and disease experts are keeping up with the latest medical information. They are ready to provide world-class care to anyone with COVID-19.

Where to go for facts, not fear

Unfortunately, a lot of the information out there about COVID-19 isn't true. Don't get distracted by myths and fear. Instead, we recommend these sources for all the latest on COVID-19:

go.osu.edu/coronavirus

cdc.gov

coronavirus.ohio.gov



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

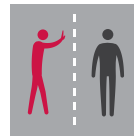
How to protect yourself and your loved ones



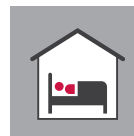
Wash your hands often and thoroughly for at least 20 seconds with soap and warm water. Use alcohol hand rub as a backup.



Cover your mouth and nose with your elbow or a tissue when you sneeze or cough. Throw away your tissue after one use.



Avoid close contact with people who are sick.



If you are ill, stay home. Keep a safe six-foot distance from others to prevent disease spread.

Face masks aren't necessary unless you are sick or caring for someone who is.

When to seek medical care

If you have flu-like symptoms, including fever, cough or shortness of breath, please call your primary care provider to let them know before visiting any of our hospitals or outpatient care locations. Your provider will guide you on the next best steps.

**Ohio Department of Health COVID-19 Hotline:
1-833-4-ASK-ODH (1-833-427-5634)**