How Well Are You Thinking?

Please complete this form in ink without the assistance of others.

Name___________________________________________________ Date of Birth ______/______/______
How far did you get in school? _________________________________ I am a Man______ Woman______
I am NZ European_______ Māori _______ P acific Islander_______ Asian______ Other______
Have you had any problems with memory or thinking?    Yes______ Only Occasionally_______ No______
Have you had any blood relatives that have had problems with memory or thinking?  Yes______ No______
Do you have balance problems?      Yes________ No________
    If yes, do you know the cause? Yes (specify reason)_______________________________  No____
Have you ever had a major stroke? Yes_______ No_______ A minor or mini-stroke? Yes______ No______
Do you currently feel sad or depressed?           Yes_________  Only Occasionally_________  No_________
Have you had any change in your personality?  Yes (specify changes)______________________ No______
Do you have more difficulties doing everyday activities due to thinking problems?  Yes_______No_______

1. What is today’s date? (from memory – no cheating!) Month__________ Date_______ Year_________

2. Name the following pictures (don’t worry about spelling):

   __________________________________________

   __________________________________________
Answer these questions:

3. How are a rose and a tulip similar? Write down how they are alike. They both are… what?

____________________________________________________________________________________

4. How many 20 cent pieces are in $5.40? ___________________________

5. You are buying $3.10 of groceries. How much change would you receive back from a $5 note?

____________________________________________________________________________________

6. Memory Test (memorize these instructions). Do later only after completing this entire test:

At the bottom of the very last page: Write “I have finished” on the blank line provided

7. Copy this picture:

![Picture]

8. Drawing test

- Draw a large face of a clock and place in the numbers
- Position the hands for 10 minutes before 11 o’clock
- On your clock, label “L” for the long hand and “S” for the short hand
9. Write down the names of 12 different countries located anywhere in the world (don’t worry about spelling):

_________________          _________________          _________________
_________________          _________________          _________________
_________________          _________________          _________________

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
Self Administered Gerocognitive Examination - SAGE Form 4

12. Have you finished? ____________________________

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