**How Well Are You Thinking?**

Please complete this form in ink **without** the assistance of others.

<table>
<thead>
<tr>
<th>Name ______________________________________________</th>
<th>Date of Birth _____ / _____ / _____</th>
</tr>
</thead>
<tbody>
<tr>
<td>How far did you get in school? ______________________</td>
<td>I am a Man______ Woman______</td>
</tr>
<tr>
<td>I am NZ European______ Māori ________ Pacific Islander______ Asian______ Other______</td>
<td></td>
</tr>
<tr>
<td>Have you had any problems with memory or thinking?</td>
<td>Yes_____ Only Occasionally_______ No____</td>
</tr>
<tr>
<td>Have you had any blood relatives that have had problems with memory or thinking?</td>
<td>Yes____ No____</td>
</tr>
<tr>
<td>Do you have balance problems? Yes____ No____</td>
<td></td>
</tr>
<tr>
<td>If yes, do you know the cause? Yes (specify reason)</td>
<td>No____</td>
</tr>
<tr>
<td>Have you ever had a major stroke? Yes____ No____</td>
<td>A minor or mini-stroke? Yes____ No____</td>
</tr>
<tr>
<td>Do you currently feel sad or depressed? Yes____ Only Occasionally_______ No____</td>
<td></td>
</tr>
<tr>
<td>Have you had any change in your personality? Yes (specify changes)</td>
<td>No____</td>
</tr>
<tr>
<td>Do you have more difficulties doing everyday activities due to thinking problems? Yes____ No____</td>
<td></td>
</tr>
</tbody>
</table>

1. **What is today’s date?** (from memory – no cheating!) Month__________ Date_______ Year________

2. **Name the following pictures** (don’t worry about spelling):

   ![Rhino](image1.png)
   ![Harp](image2.png)
Answer these questions:

3. How are a rose and a tulip similar? Write down how they are alike. They both are… what?

________________________________________________________________________________

4. How many 20 cent pieces are in $5.40? ________________________________

5. You are buying $3.10 of groceries. How much change would you receive back from a $5 note?

___________________________________________________________________________________

6. Memory Test (memorize these instructions). Do later only after completing this entire test:

   At the bottom of the very last page: Write “I have finished” on the blank line provided

7. Copy this picture:

   ![Picture]

8. Drawing test

   - Draw a large face of a clock and place in the numbers
   - Position the hands for 10 minutes before 11 o’clock
   - On your clock, label “L” for the long hand and “S” for the short hand
9. Write down the names of 12 different countries located anywhere in the world (don’t worry about spelling):

_________________          _________________          _________________
_________________          _________________          _________________
_________________          _________________          _________________

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 6 squares
- Cross out 1 line (marked with an X)
- Leaving 5 squares
- Each line must be part of a complete square (no extra lines).

[Diagram of 6 squares with one line crossed out, leaving 5 squares]

11. Solve the following problem:

- Beginning with 4 triangles
- Cross out 2 lines (mark with an X)
- Leaving 3 triangles
- Each line must be part of a complete triangle (no extra lines).

[Diagram of 4 triangles with two lines crossed out, leaving 3 triangles]

12. Have you finished? ________________________________

STOP
This instrument cannot substitute for medical advice, diagnosis or treatment by a trained medical professional. Diagnosis and treatment of human illness should be based collectively on medical history, including family medical history, and a physical examination along with a doctor’s professional judgment and review of all test results. The material contained in this instrument does not contain standards that are meant to be applied rigidly and followed in virtually all cases. Physicians’ judgment must remain central to the selection of diagnostic tests and therapy options of a specific patient’s medical condition.

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