DEPARTMENT OF NEUROLOGY
MULTIPLE SCLEROSIS CARE TEAM

Benjamin Segal, MD
Dr. Segal is an international thought leader in multiple sclerosis (MS) and neuroimmunology. At The Ohio State University Wexner Medical Center, he serves as the chair of Neurology and director of the Neuroscience Research Institute. Dr. Segal is a director of the Americas Committee for Treatment and Research in Multiple Sclerosis (ACTRIMS), an academic organization that fosters MS education and research worldwide. In addition to seeing patients, he leads a team of researchers dedicated to increasing our understanding of MS and discovering new treatments. Dr. Segal has published over 100 original articles on MS and related disorders in high-impact, peer-reviewed journals. He is the recipient of the prestigious National Multiple Sclerosis Society Harry Weaver Scholar Award and a Public Health Services Commendation Medal from the National Institutes of Health.

Tirisham Gyang, MD
Dr. Gyang specializes in multiple sclerosis and related neuro-immunological disorders of the brain and spinal cord and has particular interest in experimental therapeutics, clinical trials and medical education. She is passionate about empowering patients with personalized interdisciplinary clinical care, quality education and clinical research. She completed her training in clinical multiple sclerosis and experimental therapeutics from University of Rochester Medical Center as a scholar of the National MS Society. She is a board certified neurologist and an active member of multiple professional societies.

Robert Fallis, MD
Dr. Fallis began his specialized training in MS at the Brigham and Women’s Hospital and participated in the research and development of the earliest effective treatments for MS. He was a fellow of the National Multiple Sclerosis Society and then furthered his training at the National Institutes of Health. Dr. Fallis directed an MS treatment clinic in Lexington, Kentucky. In 2005, he founded and directed the first Comprehensive MS Care Center in Nashville, Tennessee, where he led multiple MS clinical research trials. He is a dedicated, conscientious neurologist who strives to help his patients with multiple sclerosis and other neurologic diseases overcome obstacles and obtain optimal health.

Emily Harrington, MD
Dr. Harrington is a physician scientist who specializes in the care and treatment of multiple sclerosis patients. She is particularly interested in finding better treatments for progressive multiple sclerosis and enhancing myelin repair with the hopes of preventing disability and neurodegeneration. Dr. Harrington obtained her medical and graduate training at the University of California San Francisco and her multiple sclerosis fellowship at Johns Hopkins. She is originally from Kansas City. She is excited to be a part of the Ohio State multiple sclerosis team.
Yinan Zhang, MD
Dr. Zhang will be joining the Multiple Sclerosis and Neuroimmunology Center at the Ohio State Wexner Medical Center in September from New York City, where he received his fellowship training in MS at Mount Sinai. He completed his medical school and neurology residency at the University of Texas Southwestern Medical Center in his hometown of Dallas. Dr. Zhang values getting to know his patients over time and finding the best treatment strategies for each person’s unique needs and disease characteristics. His research focuses on aging and MS, including how biological changes during aging contribute to evolution of the disease. Dr. Zhang enjoys spending his free time with his family and building custom Lego creations.

Meena Khan, MD
Dr. Khan is a neurologist and associate professor of Clinical Medicine at The Ohio State University Wexner Medical Center. She is the program director for the Sleep Medicine Fellowship program as well as co-director of the annual Ohio State Sleep Symposium. Her clinical interests center on sleep in neurological disease. She manages the sleep medicine neuromodulation program for sleep disordered breathing and has a clinic specifically devoted to sleep issues in those with multiple sclerosis.

Samantha Stern, PhD
Dr. Stern is a licensed psychologist and clinical rehabilitation neuropsychologist. She completed her doctoral degree at the Illinois Institute of Technology, residency at the University of Washington and fellowship at the University of Illinois at Chicago. She has particular expertise in delivering evidence-based interventions and conducting neuropsychological testing on patients with neurological diseases, including multiple sclerosis (MS). In the MS division, she provides behavioral health interventions for issues such as mood/anxiety symptoms, sleep problems, fatigue, pain and cognitive changes using cognitive-behavioral approaches.

Kristi Epstein, MSN, APRN-CNP, CCRN
Kristi has over 20 years of experience in the medical field and maintains a special certification in critical care. She has been with the Department of Neurology for over five years. Clinical interests include the MS Quality of Life (QOL) Clinic, which focuses on diet, exercise and lifestyle modification to improve QOL for MS patients. QOL Clinic screening tools can help direct appropriate referrals for comprehensive care of complex patients in our MS Multidisciplinary Symptomatic Clinic. Kristi’s other interests include pregnancy planning for MS patients, MS disease education and clinical research.