

The Ohio State University Wexner Medical Center

Patient Dining Menu: Regular/Non-Restricted Diet

How to Order Meals

Use your camera on your phone/tablet to scan this QR code for details on how to order and additional dining information; it is best to order your meals by 6am, 10am, and 3pm

Chef Specials *available only at the meal and day indicated*

Breakfast served 7am-9:30am

Monday: French Toast Sticks w/ Berry Sauce and Chicken Sausage

Tuesday: Western Omlette and Breakfast Potatoes

Wednesday: Hashbrown Casserole, Bacon, Eggs

Thursday: Eggs Benedict w/ Hollandaise Sauce and Breakfast Potatoes

Friday: Egg Strata and Bacon

Saturday: Cinnamon Pull Apart Bread with Chicken Sausage

Sunday: Biscuit and Gravy with Scrambled Eggs



Lunch served 11am-1:30pm

Monday: Stir Fry Beef, Fried Rice, and Seasoned Broccoli

Tuesday: Meatloaf w/gravy, Roasted Redskin Potatoes, Seasoned Green Beans

Wednesday: Chicken Tenders, White Cheddar Mac & Cheese, Steamed Broccoli

Thursday: Meatballs w Stroganoff Sauce, Spaetzle, Seasoned Peas and Pearl Onions

Friday: Roasted Italian Sausage w/ Roasted Tomato Sauce, Peppers and Onions

Saturday: Sliced Turkey w/ gravy, Texas Toast, Roasted Carrots

Sunday: Salisbury Steak w/gravy, Mashed Potatoes, Normandy Blend Vegetables

Dinner served 4pm-7pm

Monday: BBQ Pork Chop, Seasoned Brussels Sprouts, Corn Bread, Cherry Pie

Tuesday: Chicken Parmesan, Penne Alfredo, Seasoned Italian Vegetables, Cheesecake

Wednesday: Pot Roast w/ gravy, Baby baked Potatoes, Seasoned Green Beans, Red Velvet Cake

Thursday: Sliced Turkey w/ country gravy, Mashed Potatoes, Glazed Carrots, Apple Pie

Friday: Salmon w/lemon cream sauce, Wild Rice, Grilled Vegetable Blend, Orange Cream Cake

Saturday: Meatloaf w/ gravy, Au Gratin Potatoes, Seasoned Broccoli, Chocolate Cake

Sunday: Breaded Chicken Breast w/ country gravy, Mashed Potatoes, Green Beans, Carrot Cake

Soup of the Day *available only on the day indicated, after 11am*

Monday: Chicken Harvest Soup

Tuesday: Tuscan White Bean Soup

Wednesday: Chicken Corn Chowder

Thursday: Broccoli Cheddar

Friday: Fire Roasted Tomato Soup

Saturday: Hearty Beef Chili

Sunday: Loaded Potato Soup

Daily Options some items subject to seasonal availability

Breakfast Entrees & Sides served 7am-9:30am

Biscuit & Sausage Gravy | French Toast | Scrambled Eggs | Hard Boiled Egg |
Breakfast Potatoes | Hardwood Smoked Bacon | Chicken Sausage | Blueberry Muffin |
Bagel | English Muffin | Gluten Free Bread | Granola with Dried Fruit

Cereal served 7am-7pm

Cheerios® | Frosted Mini Wheats® | Honey Nut Cheerios® | Rice Chex® | Raisin Bran®
Cream of Wheat® | Oatmeal

Fruit & Lighter Sides served 7am-7pm

Applesauce | Peaches | Pears | Pineapple | Mandarin Orange Cup
Apple | Banana | Grapes | Orange | Cottage Cheese | Greek Yogurt |
Light Yogurt

Beverages served 7am-7pm

Coffee | Tea | Green Tea | Hot Cocoa | Iced Tea | Lemonade
Juice: Apple | Grape | Orange | Prune | Tomato
Milk: 2% | Chocolate | Skim | Whole | Chocolate or Vanilla Silk® | Lactaid®
Coke® products see your tablet or ask your nutrition aide for details

Lunch & Dinner Entrées served 11am-7pm

Cheese Quesadilla | Chicken & Cheese Quesadilla
Chicken | Salmon | Salisbury Steak | Chicken Noodles over Mashed Potatoes
Create Your Own Sandwich/Salad see your tablet or ask your nutrition aide for
details Hamburger | Cheeseburger | Grilled Chicken | Black Bean Burger | PB&J
Entrée Salads: Chef | Chicken Caesar
Side Salads: Caesar | House

Sides served 11am-7pm

Chips | Dinner Roll | Buttered Noodles | Mac and Cheese | White Rice |
Carrots | Corn | Green Beans | Mashed Potatoes | Mini Baked Potatoes

Soups & Broths served 11am-7pm

Broths: Beef | Chicken | Vegetable
Soup of the Day | Chicken Noodle | Cream of Tomato |
** All soups are made here at the Medical Center.

Desserts served 11am-7pm

Brownie | Cookies | Ice Cream