## HOUSE FRESH FLAVORS- ADA

**BREAKFAST:** 7 A.M. – 10 A.M.  **LUNCH:** 11 A.M. – 2 P.M.  **DINNER:** 4 P.M. – 7:30 P.M.

### MONDAY
- **Breakfast:** Sweet potato and pot roast hash 🍠, scrambled egg whites 🍳, diced peaches 🍊, cereal with milk 🥛
- **Lunch:** Cranberry almond chicken salad sandwich (half), fresh pepper couscous 🍗, spinach salad with tomato, onion, and ranch dressing 🥗
- **Dinner:** Southwestern salad with grilled chicken and avocado ranch 🍳, lemon cookie 🍪

### TUESDAY
- **Breakfast:** Multigrain pancake 🍳, turkey sausage 🍗, banana 🍌
- **Lunch:** Turkey chipotle panini, house side salad with ranch dressing 🥗, chicken and wild rice soup 🍳
- **Dinner:** Grilled salmon with lemon herb butter 🍳, garlic mashed potatoes 🍳, seasonal vegetable 🍳, peach pie 🍊

### WEDNESDAY
- **Breakfast:** Garden egg white scramble 🍳, seasonal muffin 🍳, fresh fruit cup 🍊
- **Lunch:** Greek chicken and veggie pita, lemon dill farro 🍳, Italian wedding soup 🍳
- **Dinner:** Chicken and cheese burrito, southwestern black beans, chocolate ice cream 🍪

### THURSDAY
- **Breakfast:** Granola bowl with dried fruit 🍊, vanilla Greek yogurt 🍳, hard-boiled egg 🍳
- **Lunch:** Italian turkey sub, spring mix salad with balsamic dressing 🥗, broccoli cheddar soup 🍳
- **Dinner:** Pesto quinoa bowl with grilled chicken, tomatoes, and broccoli 🍳, chocolate ice cream 🍪

### FRIDAY
- **Breakfast:** Breakfast cobbler 🍳, blueberry Greek yogurt 🍳, apple grape cup 🍊
- **Lunch:** Falafel platter (falafel with spring mix, olive tapenade, tomatoes, and cucumber ranch), 🍳, spinach and dried fruit salad with balsamic dressing 🍳, dinner roll 🍩, Italian sausage soup 🍳
- **Dinner:** Chicken teriyaki bowl with fried rice and stir fry vegetables 🍳, chocolate ice cream 🍪

### SATURDAY
- **Breakfast:** Egg white panini with roasted red pepper 🍆, bacon 🍗, cereal with milk 🥛
- **Lunch:** Asian noodle salad with grilled chicken, potato shallot soup 🥗
- **Dinner:** Vegetarian stuffed pepper 🍆, California blend vegetables 🍳, seasoned black beans 🍳, vanilla ice cream 🍪

### SUNDAY
- **Breakfast:** Oatmeal with dried fruit and almonds 🍊, turkey sausage 🍗, blueberry Greek yogurt 🍳
- **Lunch:** Caprese panini 🍪, Caesar side salad with Caesar dressing, tomato basil soup 🍳
- **Dinner:** Jerk chicken 🍗, steamed broccoli 🥦, coconut rice with black beans 🍳, frozen custard 🍦
# HOUSE FRESH FLAVORS - ADA

**BREAKFAST:** 7 A.M. – 10 A.M.  **LUNCH:** 11 A.M. – 2 P.M.  **DINNER:** 4 P.M. – 7:30 P.M.

## MONDAY
**Breakfast:** French toast 🥞, bacon 🥓, scrambled eggs 🥚, light raspberry yogurt 🍓, banana 🍌
**Lunch:** Chicken quesadilla, spinach salad with tomato, onion, and ranch dressing 🍓, poblano black bean soup 🌶
**Dinner:** Penne with meatballs, California blend vegetables 🥗, lemon cookie 🍪

## TUESDAY
**Breakfast:** Scrambled eggs 🥚, biscuits and gravy, apple grape cup 🍓
**Lunch:** Prime rib sandwich (half), potato chips 🍟, house side salad with ranch dressing 🍋, chicken and wild rice soup 🍳
**Dinner:** Lemon rosemary chicken 🍗, garlic mashed potatoes 🍩, seasonal vegetable 🥗, peach pie 🍓

## WEDNESDAY
**Breakfast:** Cheddar cheese egg white omelet 🥚, bacon 🥓, breakfast potatoes 🍳, fresh fruit cup 🍓, cereal with milk 🍷
**Lunch:** Pulled pork sandwich, vinegar slaw 🥧, Italian wedding soup 🍲
**Dinner:** Chicken Noodle over Mashed Potato, California blend vegetables, chocolate ice cream 🍦

## THURSDAY
**Breakfast:** Hash brown casserole 🍳, scrambled eggs 🥚, turkey sausage 🥓, tropical fruit cup 🍷, vanilla Greek yogurt 🍨
**Lunch:** Deluxe cheeseburger, spring mix salad with balsamic dressing 🥧, broccoli cheddar soup 🍲
**Dinner:** Turkey pot pie, steamed broccoli 🥒, dinner roll 🍩, chocolate ice cream 🍦

## FRIDAY
**Breakfast:** Western omelet 🥚, seasonal muffin 🍩, apple grape cup 🍓
**Lunch:** Honey mustard and Swiss chicken sandwich, Italian sausage soup 🍲
**Dinner:** Potato-crusted cod, macaroni and cheese 🥒, steamed broccoli 🥒, chocolate ice cream 🍦

## SATURDAY
**Breakfast:** Breakfast burrito 🍳, bacon 🥓, breakfast potatoes 🍳
**Lunch:** Chicken salad platter (chicken salad, flatbread, fresh fruit cup), Greek salad with Italian Dressing 🥗, potato shallot soup 🍷
**Dinner:** Pulled pork with BBQ gravy 🍳, corn bread 🍩, collard greens 🥒, vanilla ice cream 🍦

## SUNDAY
**Breakfast:** Scrambled eggs 🥚, turkey sausage 🥓, cinnamon roll 🍩, apple grape cup 🍓
**Lunch:** Buckeye club, house side salad with ranch dressing 🍷, tomato basil soup 🍲
**Dinner:** Pot roast with beef gravy 🍳, steamed baby carrots 🥒, roasted redskin potatoes 🍗, frozen custard 🍦