Minced & Moist Chef Special (Dysphagia 2/Mechanically Altered)

Monday
Breakfast: Pureed peach French toast, scrambled egg, light yogurt
Lunch: Minced chicken with gravy, mashed potatoes, pureed broccoli, pureed potato shallot soup
Dinner: Minced beef with gravy, mashed potatoes, pureed carrots, sherbet

Tuesday
Breakfast: Scrambled eggs, oatmeal with brown sugar
Lunch: Minced beef with gravy, pureed carrots, applesauce, cream of chicken soup
Dinner: Minced salmon with gravy, garlic mashed potatoes, pureed broccoli, frozen custard

Wednesday
Breakfast: Cheddar cheese egg white omelet, Cream of Wheat®, pureed mixed berries
Lunch: Minced turkey with gravy, pureed peas, mashed sweet potatoes, pureed Italian wedding soup
Dinner: Minced chicken with gravy, mashed potatoes, pureed broccoli, pudding

Thursday
Breakfast: Scrambled eggs, pureed sausage, Greek yogurt, applesauce
Lunch: Minced beef with gravy, mashed sweet potatoes, pureed green beans, applesauce, pureed Italian sausage soup
Dinner: Minced turkey with gravy, mashed potatoes, pureed carrots, sherbet

Friday
Breakfast: Pureed omelet, oatmeal with brown sugar, light yogurt
Lunch: Minced chicken with BBQ sauce, pureed green beans, mashed sweet potatoes, poblano black bean soup
Dinner: Minced salmon with gravy, mashed potatoes, pureed broccoli, peanut butter whip

Saturday
Breakfast: Scrambled eggs, pureed peach French toast, pureed sausage, applesauce
Lunch: Chicken salad, pureed peas, pureed mixed berries, pureed broccoli cheddar soup
Dinner: Minced beef with gravy, mashed potatoes, pureed green beans, sherbet

Sunday
Breakfast: Scrambled eggs, pureed sausage, oatmeal with brown sugar, Greek yogurt
Lunch: Minced turkey with gravy, pureed broccoli, mashed sweet potatoes, pureed peaches, pureed tomato basil soup
Dinner: Minced beef with gravy, pureed green beans, mashed potatoes, frozen custard