HOUSE FRESH FLAVORS

BREAKFAST: 7 A.M. – 10 A.M.  LUNCH: 11 A.M. – 2 P.M.  DINNER: 4 P.M. – 7:30 P.M.

MONDAY
Breakfast: Sweet potato and pot roast hash ☄️, scrambled egg whites ☄️, apple grape cup ☄️
Lunch: Cranberry almond chicken salad sandwich (half), fresh pepper couscous ☄️, poblano black bean soup ☄️
Dinner: Southwest salad with grilled chicken and avocado ranch dressing ☄️, seasoned flatbread ☄️, lemon bar ☄️

TUESDAY
Breakfast: Multigrain pancake ☄️, turkey sausage ☄️, mango protein smoothie ☄️
Lunch: Turkey chipotle panini, southwest farro ☄️, chicken and wild rice soup ☄️
Dinner: Grilled salmon with lemon herb butter ☄️, roasted sweet potatoes ☄️, seasonal vegetable ☄️, peach pie ☄️

WEDNESDAY
Breakfast: Garden egg white scramble ☄️, seasonal muffin ☄️, fresh fruit cup ☄️
Lunch: Greek chicken and veggie pita, lemon dill farro ☄️, Italian wedding soup ☄️
Dinner: Chicken and cheese burrito, southwestern black beans ☄️, brownie ☄️

THURSDAY
Breakfast: Granola bowl with dried fruit ☄️, vanilla Greek yogurt ☄️, tropical fruit cup ☄️
Lunch: Italian turkey sub, spring mix salad with balsamic dressing ☄️, broccoli cheddar soup ☄️
Dinner: Pesto quinoa bowl with grilled chicken, tomatoes, and broccoli ☄️, chocolate cake ☄️

FRIDAY
Breakfast: Breakfast cobbler ☄️, blueberry Greek yogurt ☄️, apple grape cup ☄️
Lunch: Falafel platter (falafel with spring mix, olive tapenade, flatbread, tomatoes, and cucumber ranch) ☄️, spinach and dried fruit salad with balsamic dressing ☄️, Italian sausage soup ☄️
Dinner: Chicken teriyaki bowl with fried rice and stir-fry vegetables ☄️, chocolate and peanut butter whoopie pie ☄️

SATURDAY
Breakfast: Egg white panini with roasted red pepper ☄️, fresh orange ☄️, Raisin Bran® with milk ☄️
Lunch: Asian noodle salad ☄️, fresh pear ☄️, potato shallot soup ☄️
Dinner: Vegetarian stuffed pepper ☄️, California blend vegetables ☄️, apple pie ☄️

SUNDAY
Breakfast: Oatmeal with dried fruit and almonds ☄️, turkey sausage ☄️, blueberry Greek yogurt ☄️, fresh fruit cup ☄️
Lunch: Caprese panini ☄️, Caesar side salad with Caesar dressing, tomato basil soup ☄️
Dinner: Jerk chicken with pineapple mango salsa ☄️, steamed broccoli ☄️, coconut rice with black beans ☄️, cherry pie ☄️
HOUSE CLASSIC COMFORT

BREAKFAST: 7 A.M. – 10 A.M.  LUNCH: 11 A.M. – 2 P.M.  DINNER: 4 P.M. – 7:30 P.M.

MONDAY
Breakfast: French toast  🍳, bacon 🥓, light raspberry yogurt 🍓
Lunch: Chicken quesadilla, spinach salad with tomato, onion and ranch dressing 🍲, poblano black bean soup 🍲
Dinner: Penne with meatballs, California blend vegetables 🥗, lemon bar 🍋

TUESDAY
Breakfast: Scrambled eggs 🍳, biscuits and sausage gravy, apple grape cup 🍓
Lunch: Prime rib sandwich (half), potato chips 🍩, house side salad with ranch dressing 🍳, chicken and wild rice soup 🍲
Dinner: Lemon rosemary chicken 🍳, garlic mashed potatoes 🍳, seasonal vegetable 🥗, peach pie 🍓

WEDNESDAY
Breakfast: Cheddar cheese egg white omelet 🍳, bacon (GS), breakfast potatoes 🍳, Rice Chex® with milk 🍳
Lunch: Pulled pork sandwich, vinegar slaw 🍳, Italian wedding soup 🍸
Dinner: Chicken Noodles over Mashed Potato, dinner roll, California blend vegetables 🥗, brownie 🍓

THURSDAY
Breakfast: Hash brown casserole 🍳, scrambled eggs 🍳, turkey sausage (GS), orange mango fruit cup 🍓, vanilla Greek yogurt 🍓
Lunch: Deluxe cheeseburger, spring mix salad with balsamic dressing 🍳, broccoli cheddar soup 🍳
Dinner: Turkey pot pie, steamed baby carrots 🍳, chocolate cake 🍓

FRIDAY
Breakfast: Western omelet 🍳, seasonal muffin 🍳, apple grape cup 🍓
Lunch: Honey mustard and Swiss chicken sandwich, pasta salad 🍳, Italian sausage soup (GS)
Dinner: Potato-crusted cod, macaroni and cheese 🍳, steamed broccoli 🥗, chocolate and peanut butter whoopie pie 🍓

SATURDAY
Breakfast: Breakfast burrito 🍳, bacon 🥓, breakfast potatoes 🍳
Lunch: Chicken salad platter (chicken salad, flatbread, fresh fruit cup), Greek salad with Italian dressing 🍳, potato shallot soup 🍳
Dinner: Pulled pork with BBQ gravy 🍳, corn bread 🍳, collard greens 🍳, apple pie 🍓

SUNDAY
Breakfast: Scrambled eggs 🍳, turkey sausage 🍳, cinnamon roll 🍳, apple grape cup 🍓
Lunch: Buckeye club, Caesar side salad with Caesar dressing, tomato basil soup 🍳
Dinner: Pot roast with beef gravy 🍳, steamed baby carrots 🍳, roasted redskin potatoes 🍳, cherry pie 🍓