Apple Cider Chai

Items Needed: teapot or saucepot, cup for drinking.

Serves: 4

Ingredients:
- 2 cups water
- 2 cups apple cider
- 2 bags of chai tea
- Honey to taste

Directions:
1. In your pot combine the apple cider and water, once it comes to a simmer, add your tea bags and steep for 3-4 minutes.
2. Pour in mugs and if you want any more sweetener sweeten to taste.

Nutrition Information (per ¼ recipe):
Calories: 60  Fat: 0 g  Carbs: 6.5 g  Protein: 0 g  Fiber: 0 g  Sodium: 0 mg

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