

Pregnancy and Childbirth Education

December 2021 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registrations include the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
Dec. 5	10:30 a.m.-6 p.m.	\$80
Dec. 19	10:30 a.m.-6 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
Dec. 6	6-9 p.m.	\$40
Dec. 20	6-9 p.m.	\$40
Dec. 27	6-9 p.m.	\$40


Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
Dec. 9 (2-session class)	6-9:30 p.m.	\$80
Dec. 10 (Part 2 of Dec. 9 class)	6-9:30 p.m.	
Dec. 18	10:30 a.m.-6 p.m.	\$80


Pregnancy and Childbirth Education

December 2021 class listings


Baby Basics — 8 participants per class

Class Date		Time	Fee
Dec. 13		6-9 p.m.	\$40
Dec. 17		6-9 p.m.	\$40
Dec. 21		6-9 p.m.	\$40


Breastfeeding Basics — 8 participants per class

Class Date		Time	Fee
Dec. 15		6-8 p.m.	\$40
Dec. 29		6-8 p.m.	\$40

Infant & Child CPR — 6 participants per class

Class Date		Time	Fee
Dec. 12		9-11 a.m.	\$40
Dec. 16		6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date		Time	Fee
Dec. 12		Noon-3 p.m.	\$20