

Pregnancy and Childbirth Education January 2022 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit **perinatal-osu.nbsstore.net**.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
Jan. 2	10:30 a.m6 p.m.	\$80
Jan. 9	10:30 a.m6 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
Jan. 6	6-9 p.m.	\$40
Jan. 10	6-9 p.m.	\$40
Jan. 27	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
Jan. 15	10:30 a.m6 p.m.	\$80



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Baby Basics — 8 participants per class

Class Date	Time	Fee
Jan. 7	6-9 p.m.	\$40
Jan. 24	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
Jan. 19	6-8 p.m.	\$40
Jan. 25	6-8 p.m.	\$40

Infant & Child CPR — 6 participants per class

Class Date	Time	Fee
Jan. 13	6-8 p.m.	\$40
Jan. 16	9-11 a.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
Jan. 16	Noon-3 p.m.	\$20