

# Pregnancy and Childbirth Education

## January 2024 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.


Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit [perinatal-osu.nbsstore.net](https://perinatal-osu.nbsstore.net).


Class schedules are subject to change.

Questions? Email [Kori.Fenner@osumc.edu](mailto:Kori.Fenner@osumc.edu).


### Full-Day Childbirth Education — 8 participants per class

Class Date	Time		Fee
January 20	9:30 a.m.-5 p.m.		\$80
January 21	9:30 a.m.-5 p.m.		\$80

### Childbirth Education EXPRESS — 8 participants per class

Class Date	Time		Fee
January 8	6-9 p.m.		\$40
January 23	6-9 p.m.		\$40


### Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time		Fee
January 6	9:30 a.m.-5 p.m.		\$80


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### Baby Basics — 8 participants per class

Class Date		Time	Fee
January 4		6-9 p.m.	\$40
January 7		1:30-4:30 p.m.	\$40
January 25		6-9 p.m.	\$40


### Breastfeeding Basics — 8 participants per class

Class Date	Time		Fee
January 16	6-8:30 p.m.		\$40
January 24	6-8:30 p.m.		\$40

### Infant & Child CPR — 6 participants per class

Class Date		Time	Fee
January 3		6-8 p.m.	\$40
January 13		1-3 p.m.	\$40
January 28		1-3 p.m.	\$40
January 31		6-8 p.m.	\$40

### Grandparenting 101 — 8 participants per class

Class Date	Time		Fee
January 18	6-8 p.m.		\$20