

# Pregnancy and Childbirth Education

## July 2023 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit [perinatal-osu.nbsstore.net](http://perinatal-osu.nbsstore.net).

Class schedules are subject to change.

Questions? Email [Kori.Fenner@osumc.edu](mailto:Kori.Fenner@osumc.edu).

### Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
July 1	9:30 a.m.-5 p.m.	\$80
July 16	9:30 a.m.-5 p.m.	\$80

### Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
July 11	6-9 p.m.	\$40
July 24	6-9 p.m.	\$40


### Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
July 15	9:30 a.m.-5 p.m.	\$80


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### Baby Basics — 8 participants per class

Class Date		Time	Fee
July 25		6-9 p.m.	\$40
July 29		9:30 a.m.-12:30 p.m.	\$40
July 29		2-5 p.m.	\$40


### Breastfeeding Basics — 8 participants per class

Class Date		Time	Fee
July 19		6-8:30 p.m.	\$40
July 26		6-8:30 p.m.	\$40

### Infant & Child CPR — 6 participants per class

Class Date		Time	Fee
July 5		6-8 p.m.	\$40
July 12		6-8 p.m.	\$40

### Grandparenting 101 — 8 participants per class

Class Date		Time	Fee
July 20		6-8 p.m.	\$20