

Pregnancy and Childbirth Education

November 2023 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
November 11	9:30 a.m.-5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
November 6	6-9 p.m.	\$40
November 20	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
November 18	9:30 a.m.-5 p.m.	\$80
November 26	9:30 a.m.-5 p.m.	\$80

Pregnancy and Childbirth Education

November 2023 class listings

Baby Basics — 8 participants per class

Class Date	Time	Fee
November 4	2-5 p.m.	\$40
November 13	6-9 p.m.	\$40
November 15	6-9 p.m.	\$40
November 30	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
November 1	6-8:30 p.m.	\$40
November 29	6-8:30 p.m.	\$40

Infant & Child CPR — 6 participants per class

Class Date	Time	Fee
November 2	6-8 p.m.	\$40
November 5	10 a.m.-Noon	\$40
November 27	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
November 16	6-8 p.m.	\$20