

# Pregnancy and Childbirth Education

## December 2022 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit [perinatal-osu.nbsstore.net](http://perinatal-osu.nbsstore.net).

Class schedules are subject to change.

Questions? Email [Kori.Fenner@osumc.edu](mailto:Kori.Fenner@osumc.edu).

### Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
December 3	10:30 a.m.-6 p.m.	\$80
December 10	10:30 a.m.-6 p.m.	\$80

### Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
December 12	6-9 p.m.	\$40


### Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
December 17	10:30 a.m.-6 p.m.	\$80


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### Baby Basics — 8 participants per class

Class Date		Time	Fee
December 5		6-9 p.m.	\$40
December 19		6-9 p.m.	\$40


### Breastfeeding Basics — 8 participants per class

Class Date	Time		Fee
December 14	6-8:30 p.m.		\$40
December 21	6-8:30 p.m.		\$40

### Infant & Child CPR — 6 participants per class

Class Date		Time	Fee
December 1		6-8 p.m.	\$40
December 11		10 a.m.-Noon	\$40
December 15		6-8 p.m.	\$40

### Grandparenting 101 — 8 participants per class

Class Date	Time		Fee
December 13	6-8 p.m.		\$20