



**THE OHIO STATE  
UNIVERSITY**

WEXNER MEDICAL CENTER

# **Pregnancy and Childbirth Education**

## November 2022 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.


Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit [perinatal-osu.nbsstore.net](http://perinatal-osu.nbsstore.net).


Class schedules are subject to change.

Questions? Email [Kori.Fenner@osumc.edu](mailto:Kori.Fenner@osumc.edu).


### **Full-Day Childbirth Education — 8 participants per class**

| Class Date | Time              |  | Fee  |
|------------|-------------------|--|------|
| November 6 | 10:30 a.m.-6 p.m. |  | \$80 |

### **Childbirth Education EXPRESS — 8 participants per class**

| Class Date  |  | Time     | Fee  |
|-------------|---|----------|------|
| November 21 |   | 6-9 p.m. | \$40 |

### **Natural Childbirth Education — recommended for midwife patients — 8 participants per class**

| Class Date  | Time              |  | Fee  |
|-------------|-------------------|---|------|
| November 12 | 10:30 a.m.-6 p.m. |   | \$80 |
| November 27 | 10:30 a.m.-6 p.m. |   | \$80 |

# Pregnancy and Childbirth Education

## November 2022 class listings

### Baby Basics — 8 participants per class

| Class Date  | Time     | Fee  |
|-------------|----------|------|
| November 7  | 6-9 p.m. | \$40 |
| November 14 | 6-9 p.m. | \$40 |

### Breastfeeding Basics — 8 participants per class

| Class Date  | Time        | Fee  |
|-------------|-------------|------|
| November 16 | 6-8:30 p.m. | \$40 |
| November 30 | 6-8:30 p.m. | \$40 |

### Infant & Child CPR — 6 participants per class

| Class Date  | Time     | Fee  |
|-------------|----------|------|
| November 3  | 6-8 p.m. | \$40 |
| November 10 | 6-8 p.m. | \$40 |
| November 17 | 6-8 p.m. | \$40 |

### Grandparenting 101 — 8 participants per class

| Class Date  | Time         | Fee  |
|-------------|--------------|------|
| November 13 | 10 a.m.-Noon | \$20 |