

Pregnancy and Childbirth Education

January 2023 class listings

All classes located at Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class Date	Time	Fee
January 7	9:30 a.m.-5:30 p.m.	\$80
January 22	9:30 a.m.-5:30 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class Date	Time	Fee
January 9	6-9 p.m.	\$40
January 24	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class Date	Time	Fee
January 14	9:30 a.m.-5:30 p.m.	\$80

Pregnancy and Childbirth Education

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Baby Basics — 8 participants per class

Class Date	Time	Fee
January 8	9 a.m.-Noon or 2-5 p.m.	\$40
January 30	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
January 18	6-8:30 p.m.	\$40
January 25	6-8:30 p.m.	\$40

Infant & Child CPR — 6 participants per class

Class Date	Time	Fee
January 5	6-8 p.m.	\$40
January 12	6-8 p.m.	\$40
January 19	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
January 15	10 a.m.-Noon	\$20