



**THE OHIO STATE
UNIVERSITY**
WEXNER MEDICAL CENTER

Pregnancy and Childbirth Education

October 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
October 12	9:30 a.m.-5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
October 7	6-9 p.m.	\$40
October 21	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
October 19	9:30 a.m.-5 p.m.	\$80
October 27	9:30 a.m.- 5 p.m.	\$80



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PPD/PPA Prevention: Reach Out Stay Strong Essentials (ROSE) Program 4-Class Series

In-Person Class Series

In-Person Class Series	Time	Fee
October 2	3:30-5 p.m.	Free
October 9	3:30-5 p.m.	
October 16	3:30-5 p.m.	
October 23	3:30-5 p.m.	

Virtual Class Series

Virtual Class Series	Time	Fee
October 1	Noon-1:30 p.m.	Free
October 8	Noon-1:30 p.m.	
October 15	Noon-1:30 p.m.	
October 22	Noon-1:30 p.m.	



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Baby Basics — 8 participants per class

Class Date	Time	Fee
October 14	6-9 p.m.	\$40
October 22	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
October 16	6-8:30 p.m.	\$40
October 30	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
October 3	6-8 p.m.	\$40
October 10	6-8 p.m.	\$40
October 31	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
October 17	6-8 p.m.	\$20