



**THE OHIO STATE
UNIVERSITY**
WEXNER MEDICAL CENTER

Pregnancy and Childbirth Education

January 2025 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
January 11	9:30 a.m.-5 p.m.	\$80
January 25	9:30 a.m.-5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
January 6	6-9 p.m.	\$40
January 27	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
January 4	9:30 a.m.-5 p.m.	\$80



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PPD/PPA Prevention: Reach Out Stay Strong Essentials (ROSE) Program 4-Class Series

In-Person Class Date	Time	Fee
April 2	3:30-5 p.m.	Free
April 9	3:30-5 p.m.	
April 16	3:30-5 p.m.	
April 23	3:30-5 p.m.	

Virtual Class Date	Time	Fee
January 7	Noon-1:30 p.m.	Free
January 14	Noon-1:30 p.m.	
January 21	Noon-1:30 p.m.	
January 28	Noon-1:30 p.m.	



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Baby Basics — 8 participants per class

Class Date	Time	Fee
January 5	1:30-4:30 p.m.	\$40
January 13	6-9 p.m.	\$40
January 28	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
January 15	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
January 8	6-8 p.m.	\$40
January 12	10 a.m.- 12 p.m.	\$40
January 14	6-8 p.m.	\$40
January 23	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
January 16	6-8 p.m.	\$20