



**THE OHIO STATE
UNIVERSITY**
WEXNER MEDICAL CENTER

Pregnancy and Childbirth Education

November 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit perinatal-osu.nbsstore.net.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
November 3	9:30 a.m.-5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
November 4	6-9 p.m.	\$40
November 18	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
November 30	9:30 a.m.-5 p.m.	\$80



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PPD/PPA Prevention: Reach Out Stay Strong Essentials (ROSE) Program 4-Class Series

In-Person Class Date	Time	Fee
October 30	3:30-5 p.m.	Free
November 6	3:30-5 p.m.	
November 13	3:30-5 p.m.	
November 20	3:30-5 p.m.	

Virtual Class Date	Time	Fee
October 29	Noon-1:30 p.m.	Free
November 5	Noon-1:30 p.m.	
November 12	Noon-1:30 p.m.	
November 19	Noon-1:30 p.m.	



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Baby Basics — 8 participants per class

Class Date	Time	Fee
November 12	6-9 p.m.	\$40
November 25	6-9 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
November 13	6-8:30 p.m.	\$40
November 20	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
November 6	6-8 p.m.	\$40
November 14	6-8 p.m.	\$40
November 19	6-8 p.m.	\$40
November 21	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
November 7	6-8 p.m.	\$20