



**THE OHIO STATE  
UNIVERSITY**  
WEXNER MEDICAL CENTER

## **Pregnancy and Childbirth Education**

### **August 2024 class listings**

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit [perinatal-osu.nbsstore.net](http://perinatal-osu.nbsstore.net).

Class schedules are subject to change.

Questions? Email [Kori.Fenner@osumc.edu](mailto:Kori.Fenner@osumc.edu).

#### **Full-Day Childbirth Education — 8 participants per class**

| <b>Class</b> | <b>Time</b>      | <b>Fee</b> |
|--------------|------------------|------------|
| August 25    | 9:30 a.m.-5 p.m. | \$80       |
| August 31    | 9:30 a.m.-5 p.m. | \$80       |

#### **Childbirth Education EXPRESS — 8 participants per class**

| <b>Class</b> | <b>Time</b> | <b>Fee</b> |
|--------------|-------------|------------|
| August 5     | 6-9 p.m.    | \$40       |
| August 26    | 6-9 p.m.    | \$40       |

#### **Natural Childbirth Education — recommended for midwife patients — 8 participants per class**

| <b>Class</b> | <b>Time</b>      | <b>Fee</b> |
|--------------|------------------|------------|
| August 10    | 9:30 a.m.-5 p.m. | \$80       |



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## **Pregnancy and Childbirth Education**

### **August 2024 class listings**

#### **Baby Basics — 8 participants per class**

| <b>Class Date</b> | <b>Time</b> | <b>Fee</b> |
|-------------------|-------------|------------|
| August 8          | 6-9 p.m.    | \$40       |
| August 19         | 6-9 p.m.    | \$40       |

#### **Breastfeeding Basics — 8 participants per class**

| <b>Class Date</b> | <b>Time</b> | <b>Fee</b> |
|-------------------|-------------|------------|
| August 21         | 6-8:30 p.m. | \$40       |
| August 28         | 6-8:30 p.m. | \$40       |

#### **Infant and Child CPR — 6 participants per class**

| <b>Class Date</b> | <b>Time</b>    | <b>Fee</b> |
|-------------------|----------------|------------|
| August 1          | 6-8 p.m.       | \$40       |
| August 11         | 1:30-3:30 p.m. | \$40       |
| August 22         | 9-11 a.m.      | \$40       |
| August 29         | 6-8 p.m.       | \$40       |

#### **Grandparenting 101 — 8 participants per class**

| <b>Class Date</b> | <b>Time</b> | <b>Fee</b> |
|-------------------|-------------|------------|
| August 7          | 6-8 p.m.    | \$20       |