

Pregnancy and Childbirth Education

July 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington** — **1800 Zollinger Road, Room 1400**.

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit **perinatal-osu.nbsstore.net**.

Class schedules are subject to change.

Questions? Email Kori.Fenner@osumc.edu.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee	
July 13	9:30 a.m5 p.m.	\$80	
July 28	9:30 a.m5 p.m.	\$80	

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
July 8	6-9 p.m.	\$40
July 22	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
July 20	9:30 a.m5 p.m.	\$80



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Baby Basics — 8 participants per class

Class Date	Time	Fee	
July 1	6-9 p.m.	\$40	
July 21	Noon-3 p.m.	\$40	

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee	
July 24	6-8:30 p.m.	\$40	
July 30	6-8:30 p.m.	\$40	

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
July 9	6-8 p.m.	\$40
July 11	6-8 p.m.	\$40
July 21	9-11 a.m.	\$40
July 31	6-8 p.m.	\$40

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
July 18	6-8 p.m.	\$20