Leading the Way
in Musculoskeletal Health

When it’s time to refer, we’re ready to partner with you to bring your patients the highest quality of care for muscle, bone, joint, ligament and tendon conditions, disorders and injuries.
Ohio State Provides Your Patients With Access to Leading-Edge Technology, a Robust Research Program and a Team Approach to Care

The focus is on doing what is best for each and every individual patient, not what is easy or popular. We practice evidence-based medicine with a personalized approach. We’re at the forefront of taking care of patients with solutions such as:

- Innovative **minimally invasive options** not offered elsewhere in central Ohio
- A robust portfolio of **clinical trials**, providing patients with access to promising and proven treatments not yet available to the general public
- **Highly specialized procedures**, including reverse total shoulder surgery, direct anterior total hip replacement and complex cervical and lumbar spine procedures
- **Orthobiologic** alternatives, using the body’s own healing mechanisms to treat osteoarthritis and tendinopathy
- An alternative muscle pain relief technique called **dry needling**, administered by a physical therapist
Choose one of our Ohio State specialists for your patients who experience:

- Pain as a result of an injury
- Long-term or chronic joint, muscle, bone, tendon or nerve pain
- General upright instability or inability to perform daily functions
- Limited range of motion
- Chronic musculoskeletal pain
- A need for joint replacement

### Appointments often available within 48 hours

### Pain as a result of an injury

### Long-term or chronic joint, muscle, bone, tendon or nerve pain

### General upright instability or inability to perform daily functions

### Limited range of motion

### Chronic musculoskeletal pain

### A need for joint replacement

<table>
<thead>
<tr>
<th>Adult Reconstruction/Total Joints</th>
<th>EAST</th>
<th>Eye &amp; Ear Institute</th>
<th>Dublin</th>
<th>Gahanna</th>
<th>Jameson Crane Sports Medicine Institute</th>
<th>Lewis Center</th>
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<td>Andrew Glassman, MD, MS</td>
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<th>Orthopedic Trauma/Bone Health/Fracture Care</th>
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<td>Hisham Awan, MD</td>
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<td>Amy Moore, MD</td>
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<p>| Subspecialization: | ● Concussion | ○ Shoulder | ● Hip | ● Hand | ● Knee | ● Foot and Ankle | ● Orthopedic Area of Practice Denoted Above |</p>
<table>
<thead>
<tr>
<th>Subspecialization</th>
<th>Orthopedic Oncology</th>
<th>Spine</th>
<th>General Orthopedics/Infection</th>
<th>Non-Surgical Musculoskeletal/Sports Medicine</th>
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<tr>
<td>Concussion</td>
<td>John Alexander, MD</td>
<td>John Karnes, MD</td>
<td>Doug Chonko, MD</td>
<td>Steven Albrechta, MD</td>
<td>Julie Bishop, MD</td>
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<td>Shoulder</td>
<td>Joel Mayerson, MD</td>
<td>Safdar Khan, MD</td>
<td>John McGrail, MD</td>
<td>Michael Baria, MD</td>
<td>Gregory Cvetanovich, MD</td>
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<td>Thomas Scharschmidt, MD</td>
<td>Jeffery Kim, MD</td>
<td>Anne Sullivan, MD</td>
<td>James Borchers, MD, MPH</td>
<td>Robert Duerr, MD</td>
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<td>Orthopedic Area of Practice denoted above</td>
<td></td>
<td>Elizabeth Yu, MD</td>
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<td>Mark Conroy, MD</td>
<td>David Flanigan, MD</td>
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- ● Concussion
- ○ Hip
- ● Hand
- ● Knee
- ○ Foot and Ankle
- ○ Orthopedic Area of Practice denoted above
We’ve brought together the best musculoskeletal physicians, surgeons and clinicians to provide comprehensive, convenient and personalized patient care.

Contact us at 614-293-BONE (2663) or learn more about our providers at wexnermedical.osu.edu/find-a-doctor.

DocLink

Refer your patients electronically through DocLink or complete our Universal Referral Form at wexnermedical.osu.edu/ReferralForm and fax to 614-293-1456. We’ll contact your patient to schedule an appointment and send you a confirmation.
**ADULT RECONSTRUCTION/TOTAL JOINTS**
Primary and complex hip and replacement surgeries to restore function and relieve pain for patients with hip and knee osteoarthritis

Andrew Glassman, MD, MS  
Nicholas Greco, MD  
Mengnai Li, MD, PhD  
Nicole Meschbach, MD  
Matthew Pigott, MD

**FOOT AND ANKLE/PODIATRY**
Surgical and nonsurgical treatments for foot and ankle sports injuries, fractures, sprains, tendon problems, arthritis, deformity correction and other ailments

Michael Anthony, DMP  
Said Atway, DPM  
Kim Cravey, DPM  
Adam Groth, MD  
Kevin Martin, MD  
Erik Monson, DPM  
Kevin Springer, DPM

**ORTHOPEDIC TRAUMA/BONE HEALTH/FRACTURE CARE**
Care for simple fractures (broken bones), complex injuries (nonhealing, polytrauma), geriatric fragility fracture and bone health service

Thuan Ly, MD  
Laura Phieffer, MD  
Carmen Quatman, MD, PhD
HAND AND UPPER EXTREMITY
For acute and chronic injuries of the fingers, hand, wrist, elbow and upper arm, with many procedures under local anesthesia only; hand-specific occupational therapy also available

ORTHOPEDIC ONCOLOGY
Patients with both benign bone and soft tissue tumors, and cancerous tumors including sarcoma and cancer that spreads to bone and soft tissue of the extremities, pelvis and spine

SPINE
Patients whose bone changes have put pressure on the spinal cord or nerves, general cervical and lumbar spinal conditions or complex deformities such as stenosis, myelopathy or scoliosis

GENERAL ORTHOPEDICS/INFECTION
General orthopedic issues with mobility and function; specializing in deep-seated soft tissue, bone and implant-related infections, nonhealing fractures, complex musculoskeletal problems and deformities
NONSURGICAL MUSCULOSKELETAL/SPORTS MEDICINE

Musculoskeletal conditions that affect activity; specializing in acute injuries and nonoperative procedures and therapy for sprains, strains, osteoarthritis, overuse and tendon-related injuries

Steven Albrechta, MD
Michael Baria, MD
James Borchers, MD, MPH
Mark Conroy, MD

Maggie Doe, DO
Michael Jonesco, DO
Trevor Kitchin, MD
Nicole Kornder, MD

Kendra McCamey, MD
Larry Nolan, DO
Raymond Pongonis, DO
Andrew Sas, MD, PhD

Michael Tiso, MD
Bryant Walrod, MD
Kevin Weber, MD

Sports Concussion Only
Musculoskeletal conditions that affect activity; specializing in surgical treatment of the hip, knee, leg, shoulder and elbow including reconstruction, cartilage damage and tears.

Subspecialization:  ○ Shoulder  ● Hip  ● Knee

Ohio State Wexner Medical Center’s sports nutritionists and sport psychologists also provide complementary care to meet the unique metabolic and mental needs of active individuals and those with bone health problems.

Contact us at 614-293-BONE (2663) or learn more about our providers at wexnermedical.osu.edu/find-a-doctor.
Our highly specialized health care providers and rehabilitation specialists see patients throughout central Ohio.

Bo Jackson’s Elite Sports
4696 Cosgray Road

East Hospital
181 Taylor Ave.

Outpatient Care East
543 Taylor Ave.

Eye and Ear Institute
915 Olentangy River Road

Stoneridge Dublin
3900 Stoneridge Lane

Outpatient Care Gahanna
920 N. Hamilton Road

Gahanna YMCA
551 YMCA Place

Grove City YMCA
3580 Discovery Drive

Hilliard YMCA
551 YMCA Place

The James at Brain and Spine Hospital
300 W. 10th Ave.

Jameson Crane Sports Medicine Institute
2835 Fred Taylor Drive

Outpatient Care
Lewis Center
6515 Pullman Drive

Outpatient Care
Upper Arlington
1800 Zollinger Road

Outpatient Care New Albany
Opening Fall 2021

Martha Morehouse
Outpatient Care
2050 Kenny Road

Philip Heit Center for Healthy New Albany
150 W. Main St.

Powell YMCA
7798 N. Liberty Road

Recreation and Physical Activity Center (RPAC)
337 W. 17th Ave.

Learn more about our facilities at wexnermedical.osu.edu/locations-and-parking

Immediate care option for sprains and strains and minor injuries with prompt referrals to our orthopedic specialists

Daytime: Orthopedic Injury Walk-in Care
Jameson Crane Sports Medicine Institute

Evening and Weekend:
AfterHours Care
Outpatient Care Gahanna

AfterHours Care
Martha Morehouse
Outpatient Care
We believe in a proactive approach to preventing musculoskeletal injuries. Here are just a few examples of wellness and injury prevention programs that Ohio State Wexner Medical Center offers to support your patients’ bone health.

**Barbell Athlete Performance**
For Olympic, power, body and weightlifters, strongman and functional fitness participants

**Endurance Athlete Performance**
Services for long-distance runners, cyclists, swimmers, climbers and obstacle course athletes

**Falls Prevention**
A complete evaluation to identify risk factors and develop strategies to prevent future falls

**Golf Performance**
Assessment and training to improve consistency, increase power and limit injuries on the course

**Lower Extremity Injury Prevention and Performance**
Personalized neuromuscular training to correct biomechanical risks for ACL tears and more

**Performing Arts Medicine**
Wellness for dancers, gymnasts, musicians, figure skaters and other active artists

**Tactical Rehab and Conditioning**
Meeting the line-of-duty needs of fire, rescue, law enforcement and military personnel

**Upper Extremity Athlete**
Addressing muscular fatigue, imbalances and/or throwing mechanics in overhead athletes