ADAPTED SPORTS INSTITUTE OF THE OHIO STATE UNIVERSITY

Adapted Sports, Recreation and Wellness in Cincinnati, Ohio

Cincinnati Paralympic Sports Club

The Cincinnati Paralympic Sports Club provides opportunities for individuals with physical disabilities and visual impairments to participate in adapted sports. Its programs include participation on both a recreational and competitive level. It is a US Paralympic sports club. Sports offered: wheelchair basketball, wheelchair football, goalball, strength training, hand cycling, swimming, boccia, sports camps

For more information:

- Visit: https://www.cincinnati-oh.gov/recreation/programs/therapeutic-recreation/
- Contact: Alayne Kazin, director of therapeutic recreation, at (513) 352-4945
- Email: alayne.kazin@cincinnati-oh.gov

Cincinnati Para-Swimming Open

This swim meet serves as the largest non-championship meet for U.S. Paralympics in the United States. Their goal is to create a sustainable platform for disability sports by recruiting more athletes, educating parents and coaches on capabilities of disabled children and adults, including outreach to injured military, and disabled veterans. Athletes compete from around the country, as well as many nations outside the United States. The event is held annually.

Sports offered: swimming For more information:

- Visit: http://www.cinciparaswim.com/
- Email: iampossibleswim@yahoo.com
- Facebook group: @cinciparaswim

Great Miami Rowing Center

Great Miami Rowing Center has two adaptive programs; Annie's Oars and Betty's Blades (AOBB) provides an opportunity for people with disabilities to row for health & wellness, recreation, or competition. They are able to provide assistance to athletes with conditions such as spina bifida, cerebral palsy, multiple sclerosis, amputees, visual & hearing impairments, intellectual disabilities and many other ability levels. It is a US Paralympic sports club.

Sports offered: rowing

For more information:

- Visit: https://greatmiamirowing.com/
- Contact: Kristina Latta-Landefeld, executive director, at (513) 892-4672 or coach@greatmiamirowing.com



THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

Greater Cincinnati Adaptive Sports Club (GCASC)

GCASC is a non-profit organization with the mission to promote adapted sports for children and adults who have a disability in the Greater Cincinnati area. The Cincinnati Dragons are the flagship program of the GCASC, which is a junior wheelchair basketball team that plays within the area.

Sports offered: wheelchair basketball

For more information:

- Visit: http://www.cincinnatidragons.com/
- Email: gcasc8@gmail.com

Ohio Sled Hockey- Cincinnati Ice Breakers

The Cincinnati IceBreakers, operating under Ohio Sled Hockey, is a team offers adaptive ice hockey or 'sled' hockey to youth and adults who are unable to skate in a standing position due to a physical disability. It is a US Paralympic sports club. Sports offered: sled hockey

Sports offered: sied hock

For more information:

- Visit: http://cincinnatisledhockey.org/
- Email: Renee Loftspring at cincinnatisledhockey@gmail.com

Joe Nuxhall Miracle League Baseball

Joe Nuxhall Miracle League is an organization dedicated to providing opportunities for children with disabilities to play baseball. Leagues are offered during the summer. Games take place at Hatton Park in Fairfield, OH.

Sports offered: baseball

For more information:

- Visit: https://nuxhallmiracleleague.org/
- Contact: (513) 829- 6899
- Email: info@nuxhallmiracleleague.org

Cincinnati Royals

The Cincinnati Royals are a Paralympic wheelchair basketball team that is sanctioned by the National wheelchair basketball association. They are a Division II program in the NWBA. The sports are offered through the Cincinnati Paralympic sports club.

Sports offered: wheelchair basketball

For more information:

- Visit their Facebook page, "Cincinnati Royals Wheelchair Basketball Team"
- Email: ayersforce1@gmail.com



Team River Runner

River Runner is a national network which creates innovative paddling programs designed to assist with the recovery of veterans with disabilities. Through paddle sports, Team River Runner volunteers and partners provide local communities unique opportunities for the active, safe and positive support of healing service members and their families. A chapter is located to serve the communities of Cincinnati, OH and Northern Kentucky. It is a US Paralympic sports club.

Sports offered: canoeing, kayaking For more information:

- Visit: https://www.teamriverrunner.org/
- Contact: Larry Napier at (419) 705-8405
- Email: larry.napier@dana.com

TOP Soccer Cincinnati

TOP Soccer is an organization that provides opportunities for children above the age of 4 to participate in soccer, regardless of disability. Their program includes 4 separate teams divided by age groups, as well as a wheelchair division. Leagues are offered throughout the year.

Sports offered: soccer

For more information:

• Visit: https://www.cincytopsoccer.com/

For more questions, visit us:

Adapted Sports Institute at the Ohio State University

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