

Adapted Sports Institute at The Ohio State University

Grant Funding

Grants are an effective way to receive coverage of medical or adaptive equipment that is usually not covered under items of medical necessity or is a large medical expense. Grants can be offered on a national, state, or local level, but can also be provided to specific populations or people with specific injuries/disabilities. Every grant has a different system for reviewing applications, so it is important to stay organized in the application process. Pay close attention to what is required in each application, including any personal statements, pictures or videos, medical letters, insurance and financial information. Every grant will also have an individual yearly submission date, so it is important all parts of the application are submitted before the deadline to be qualified to receive the grant. Plan ahead to submit all sections of the grant with plenty of time to alleviate any last-minute issues. Physicians, therapists, or social workers can be great resources to assist in completing the application with the necessary paperwork.

Below is a list of grants available to get you started to receive assistance. Be sure to review all available to see what you can qualify for.

Grants for Adapted Sports

ABC Medical

ABC Medical offers scholarships each Spring and Fall in the amount of \$1000 with a focus on Adaptive Sports, Education and those Making a Difference in their community or in the lives of those around them. The Adaptive Sports scholarship will be awarded to individuals who represent good sportsmanship, display continuous respect for themselves and others, and display leadership characteristics on their adaptive sports team. The Education scholarship will be given to individuals in need of financial assistance for their educational expenses. The Making a Difference scholarship will be given to individuals who are trying to improve their own lives and those around them. For more information on how to apply, visit:

<https://www.abc-med.com/scholarships>

Athletes Helping Athletes Foundation

Athletes Helping Athletes works with RoadRunner Sports to provide grant opportunities for children receiving coverage for adaptive bikes. To qualify, the person must be under the age of 18 with a permanent physical disability and they must be able to self-propel a bike and have commitment to use the proposed equipment. To complete the application, you must include:

1. A "comprehensive" letter introducing your daughter/son. Please include your child's story along with your child's athletic accomplishments and goals.
2. Proof of experience on the adaptive bike being requested (pictures/video of child riding requested bike) a letter from a PT AND, if possible, a completed order form.
3. A personal, hand-written letter or picture from your daughter or son.

4. Multiple pictures from within the last 3 months of your daughter/son in his or her wheelchair, walker, prosthetic, etc.
5. A signed & completed grant application form.

There is no specified deadline or timeline to complete the application. For more information, visit: <https://www.roadrunnersports.com/rrs/content/content1.jsp?contentId=2400098>

Challenged Athletes Foundation

CAF offers grant opportunities for people with permanent physical disabilities. These grants are for individual applicants only. Grants are offered in four different categories. You may apply for a grant in ONLY ONE of the following categories:

1. Travel/competition expenses
2. Coaching/training expenses
3. Equipment expenses (once every three years if older than 18 years old/once every two years if younger than 18)
4. Athletic prosthetics

These grants are reviewed yearly and are filled out online. Medical documentation with proof of disability, photos, financial information, and a personal letter of reference will also be required to complete the application. For more information, visit:

<https://www.challengedathletes.org/grants/> or email cafgrants@challengedathletes.org for assistance.



Christopher and Dana Reeve Foundation

The Quality of Life Grants Program strives to empower individuals with disabilities and their families by providing grants to nonprofit organizations that improve quality of life through inclusion, access, independence, opportunities for community engagement and other life-enhancing endeavors. The provide grants to groups of people with disabilities on both a local and national level. These grants are often awarded to groups that support individuals affected by paralysis. These groups can include adaptive sports programs, as well as other facilities, transportation, medical needs, health promotion groups, and wellness programs. Applications are submitted online and are reviewed twice per year. For more information, contact the foundation at 1-800-539-7309, or visit:

<https://www.christopherreeve.org/get-support/grants-for-non-profits>

Craig H. Nielsen Foundation

The Craig H. Nielsen foundation is an organization dedicated to providing funding to programs and research that serve to improve the quality of life of those affected by spinal cord injuries. The foundation offers a variety of grants that are available; a list can be viewed on the Dimensions for Funders app, or on their website. Each funded grant will have a different deadline and a process to apply.

For more information, visit: <https://chnfoundation.org/funding-opportunities>

Dick's Sporting Goods

DICK'S Sporting Goods Community Program proudly supports leagues, teams, athletes and outdoor enthusiasts through thousands of youth sports and outdoor recreation organizations in communities surrounding their stores. These grants are specifically for organizations, groups or programs seeking financial assistance, including adaptive sports programs. Materials needed for the application include:

1. General organization information
2. Sponsorship or donation details (for an opportunity or event)
 - a. Total estimated on-site attendance and participants
 - b. Description of the organization
 - c. Description of the opportunity
 - d. Target population
3. Description of why your opportunity should be considered (150-word max)
4. Up to three images or logos of the program can be added to the proposal

For more information, visit: <https://dickssportinggoods.versaic.com/login>

Getting Back Up

Getting Back Up is an organization that provides funding to individuals who need assistance for participating in exercise-based recovery programs or purchasing adaptable products. The grant application is available on their website, and should also include a description of your disability, detailed information on the product or program, as well as financial and insurance information, and a photo of yourself. For more information, contact at info@gettingbackup.org or visit: gettingbackup.org/apply

High Fives Foundation

The Empowerment Fund provides resources and inspiration to those who suffer a life-altering injury. The resources and inspiration that High Fives provides comes in the form of Board-approved grant funding, paid to service providers in specific funding categories: adaptive sports equipment, healing network, medical equipment programs, living expenses, injury expenses and "High Fives." The grants focus on people pursuing a dream in the outdoor action sports community who require funding for a goal that pertains to their recovery. It MUST be considered an outdoor action sport to be considered. Documentation required:

1. A detailed description of the extent of their respective injury or injuries, including the date and how it occurred.
2. Their goal or goal(s) for recovery from injury, identifying the specific manner in which the High Fives Foundation can help to achieve a goal or goal(s), and also describe how he or she will follow through with said plan.
3. A budget that outlines all costs in detail. The foundation can assist with outlining a budget.

Grants are reviewed and offered twice throughout the year. For more information, visit: highfivesfoundation.org/grant-application

IM ABLE Foundation

The IM ABLE Foundation offers individual and group grants in the Mid-Atlantic region for sports equipment, as well as inclusive fitness grants for individuals looking to partake in a specific fitness or sports program at a facility. Individual grants will require a brief biography, 3 letters of reference, and financial information. Group grants require a letter of inquiry with an explanation of the participants' disabilities, as well as a demonstrated need for the grant. Grant applications are reviewed by the Board of Directors on a quarterly basis.

For more information, visit: imablefoundation.org/grants

Note: Mid-Atlantic region serves the region of PA, NJ, MD, DE, DC, and NY.

Independence Fund

The Independence Fund is committed to empowering the United States' catastrophically wounded, injured or ill veterans to overcome physical, mental, and emotional wounds incurred in the line of duty. Their Adaptive Sports Program provides wounded veterans with improved physical and mental well-being, as well as increased independence, purpose and social interaction. Funding can be used for attendance at adaptive sports-related events, and funding for veterans' adaptive sports equipment. The Independence Fund also supplies assistance for family support, caregiver aid, and a mobility program for vehicle modifications and adapted bicycles. Submitting an application will be completed by creating an account on their website. For more information, visit:

independencefund.org

Kelly Brush Foundation

The Kelly Brush Foundation grants the Active Fund, which provides assistance for individuals with paralysis caused by spinal cord injury to purchase adaptive sports equipment. The applicant must be a resident in the United States living with a spinal cord injury. This grant serves to provide sports and recreation equipment, and preference is given to equipment that has a fitness benefit. The application requires the following supplements:

1. Documentation of paralysis by a treating physician or primary care provider.
2. Two personalized vendor quotes from reputable adaptive sports equipment vendors
3. Financial documentation of current income and wealth.
4. A recommendation from a coach, instructor, peer you plan to be active with, or someone who can speak upon how this equipment will positively affect your life.
5. Photos (optional)

Applications are reviewed once yearly. For more information, visit: kellybrushfoundation.org/

Move United

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Sports make us more—more determined, more powerful, more ourselves. Sports have the power to change the world, pushing people further and bringing people closer. And sports shift the narrative from disabled to this abled. For more information or to explore the list of available grants that Move United provides, visit: <https://www.moveunitedsport.org/>

Multiple Sclerosis Foundation

The MS Focus Health and Wellness Program offers clients the opportunity to participate in various forms of recreational and adaptive exercise. Where there are a sufficient number of people interested, classes are formed. Those looking for funding are responsible for looking for available classes in their surrounding area. Sponsored classes in the past include yoga, aquatics, exercise and fitness, horseback riding, adaptive sports and recreation, art therapy and dance therapy. One must have a diagnosis in multiple sclerosis to qualify. For more information, visit: <https://msfocus.org/Get-Help/MSF-Programs-Grants/Health-and-Wellness-Program>

Project 34

Project 34 has one overarching goal: to positively impact the lives of individuals living with a spinal cord injury. Project 34 assists with the purchasing of medical equipment and assistive devices that may not be otherwise accessible to a patient, as well as provides grants to individuals to afford physical therapy for optimal function. We want to ease the stress that accompanies the financial burden of these necessary materials, so that the patient and their families can focus on living a fulfilling life. For more information, please visit their website at: <https://projectthirtyfour.com/>

Spinal Cord Opportunities for Rehabilitation Endowment (SCORE)

SCORE is a non-profit organization that provides modest financial grants to people paralyzed while participating in sports or recreational activities. In the weeks and months following a spinal cord injury, the individual and their family should be focused on rehabilitation. Instead, many are burdened with financial concerns, as insurance rarely covers all of the necessary expenses.

SCORE assists with some of the out-of-pocket costs for items or services that will improve the grant recipient's quality of life. Use of grant funds might include home modifications, adaptive sports equipment, and vehicle adaptations. They confer grant preference to young people injured while participating in sports. For more information, contact questions@scorefund.org or visit scorefund.org

Semper Fi Fund

Semper Fi Fund is an organization dedicated to giving assistance and resources to injured or disabled American veterans, and they can offer assistance in adaptive sports and wellness

programs. Athletes under their program can be covered with coaches, equipment, entry fees and travel expenses to competitive athletic events. For more information, visit: semperfund.org



Team PossAbilities

Team PossAbilities provides grants or scholarships to give support for its members to improve the quality of life, to assist in the reintegration of those with disabilities into the community and society, and to meet the specific needs of their members. One must be a member of PossAbilities to apply. Funding can be awarded to members for equipment to improve quality of life, accessibility, educational scholarships, travel to and/or participation in sporting events and other needs specific to the disabled population. Grant applications are reviewed once yearly and have a single deadline each year. The application also requires financial information, invoice for expenses, reference letter, biography and photo. For more information, contact (909) 558-6384, or visit TeamPossabilities.org/grants-scholarships

Triumph Foundation

Triumph Foundation assists people with spinal cord injury to receive necessary equipment, supplies, and services. Their “Keep Moving Forward” grant that can cover expenses for patients to maintain therapeutic activities for health and wellness. Applications are reviewed every 30-90 days, with maximum grants up to \$2,000. Applicants must be residents of the United States, and preference will be given to residents of Southern California. For more information, contact info@Triumph-Foundation.org, or visit: triumph-foundation.org/outreach/grants-and-equipment.



United Spinal Association

United Spinal Association is an organization dedicated to enhancing the quality of life of people living with spinal cord injuries and disorders (SCI/D). The goal of this grant is to support peer support groups that serve the SCI/D community with resources, training and increased public awareness. This application is used to apply for a grant of no more than \$500, which should be used to create, maintain or expand peer support for the SCI/D community. Preference will be given to those applicants who are actively seeking to assist people who have recently sustained a spinal cord injury or been diagnosed with a spinal cord related disorder. The application must include:

1. Organization biography (ongoing supports, plans, funding utilization, estimate requested amount, persons with SCI/D engagement)
2. Letters of support

For more information, visit: <https://unitedspinal.org/>

VA Adaptive Sports Grant

The VA Adaptive Sports Grant Program is facilitated and managed by the National Veterans Sports Programs and Special Events Office (NVSP&SE). The mission of the NVSP&SE office is to provide opportunities for veterans to improve their independence, well-being, and quality of life through adaptive sports and therapeutic arts programs. VA awards grants to qualifying organizations to plan, develop, manage, and implement programs to provide adaptive sports opportunities for disabled veterans and disabled members of the armed forces. In order to be eligible, the organization must:

1. Be affiliated with a National Paralympic Committee or a National Governing Body authorized to provide Paralympic sports
2. Be an adaptive sports program of a National Governing Body that meets additional requirements OR
3. Be an adaptive sports program in which at least 50 persons with disabilities participate or the eligible participants reside in at least five different congressional districts

The application process is completed through the federal government's designated grant portal. For more information, visit: <https://www.blogs.va.gov/nvspse/grant-program/>

Grants for Medical Needs and Services:

Be Perfect Foundation

The Be Perfect Foundation is an organization dedicated to providing direct financial and emotional aid for individuals living with paralysis by providing resources, paying of medical expenses, restoring hope and encouraging personal independence through a nontraditional method of exercise-based therapy. BP offers scholarships for activity-based therapy at The Perfect Step to qualified recipients. We also provide supplemental funds to those who cannot afford wheelchairs, car adaptations, high medical bills, general daily medical necessities, and financial assistance for outpatient therapies in the state of California.

For more information, contact the foundation at (909) 621-9309 or support@beperfectfoundation.org, or visit them at beperfectfoundation.org

Byron Riesch Paralysis Foundation

The Byron Riesch Paralysis Foundation's goal is to find a cure for paralysis through funding the latest in medical research and to provide assistance to those who suffer from neurological disorders. The foundation supports a "Charitable Grant," which provides assistance with upgrade and maintenance of wheelchairs, vehicle modifications (i.e., hand controls or lifts), small home modifications including ramp and lift installation, and other adaptive equipment. The foundation also supports a scholarship for individuals with neurological disabilities, or the child of that person, for post high school education yearly (once a year). This scholarship can provide assistance from \$1,000- \$4,000 yearly. Specific application details and requirements are available on their website. Applicants are given preference if they are residents of Wisconsin.

For more information on the scholarship application, visit: <https://brpf.org/scholarship-application/>. For more information on the charitable grant application, visit: [brpf.org/ charitable-grant-application](http://brpf.org/charitable-grant-application) or contact them at:

Phone: (262) 547-2083 Email: info@brpf.org

Christopher and Dana Reeve Foundation

The Quality of Life Grants Program strives to empower individuals with disabilities and their families by providing grants to nonprofit organizations that improve quality of life through inclusion, access, independence, opportunities for community engagement and other life-enhancing endeavors. The provide grants to groups of people with disabilities on both a local and national level. These grants are often awarded to groups that support individuals affected by paralysis. These groups can include adaptive sports programs, as well as other facilities, transportation, medical needs, health promotion groups, and wellness programs. Applications are submitted online and are reviewed twice per year. For more information, contact the foundation at 1-800-539-7309, or visit: <https://www.christopherreeve.org/get-support/grants-for-non-profits>

Craig H. Nielsen Foundation

The Craig H. Nielsen foundation is an organization dedicated to providing funding to programs and research that serve to improve the quality of life of those affected by spinal cord injuries. The foundation offers a variety of grants that are available; a list can be viewed on the Dimensions for Funders app, or on their website. Each funded grant will have a different deadline and a process to

apply. For more information, visit: <https://chnfoundation.org/funding-opportunities>



Friends of Man

Friends of Man was founded in 1982 to provide assistance to people of all ages who have genuine needs but can't find help elsewhere, who 'fall through the cracks' of available charitable or government resources. To help to maintain self-sufficiency in times of difficulty, as well as assisting with disability and medical needs. To apply, applicants must be referred by a professional from an agency. Applicants cannot fill out applications for themselves or vendors. Eligibility requirements include:

1. Household income of 300% or less of Federal Poverty Guidelines
2. Been in a stable living environment for at least 3 months
3. Are not homeless or living in institutional care
4. Have a US Government-issued ID

Preference is given to patients residing in Colorado; living outside Colorado, Friends of Man can assist with prostheses, wheelchairs, medical equipment and mobility equipment. For more information, visit: friendsofman.org

Horizon Hope Association

Horizon Hope is an organization of people with and without physical disabilities that provides opportunities for individuals to challenge themselves, develop responsibility and grow together through interacting and working together. To receive the Horizon Hope Grant, applicants must demonstrate a commitment to Horizon and live by Horizon's mission in their daily lives. Applicants can either be:

1. A full-time or part-time student attending a college or university for the purpose of obtaining an undergraduate or graduate degree, **OR**
2. An individual with a physical disability in need of a specific accommodation, e.g., medical equipment, assistive technology, construction for adapted living, etc.

For more information, visit the website at:

<https://associationofhorizon.org/horizon-hope/> or contact them at: Phone: (773) 477-5170
E-mail: horizon@associationofhorizon.org

Ian Burkhart Foundation

A spinal cord injury is an extremely expensive feat even for those who are financially stable. The Ian Burkhart Foundation will help individuals seek out widely accessible funding sources and provide grants for items not usually covered by insurance however they will greatly increase independence and quality of life. Grants will be given after being determined necessary by the board. Eligible items include but are not limited to wheelchairs, exercise equipment, vehicle modifications, home modifications, adaptive equipment. It is up to the applicant to explain how this grant will improve their quality of life. For more information, visit the website at:

<https://www.ianburkhartfoundation.org/> or e-mail at: ian@ianburkhartfoundation.org Joseph Groh Foundation

The Joseph Groh Foundation is an organization dedicated to providing financial support to those connected with the construction trades industry (plumbing, HVAC, electrical, roofing etc.) who are living with life altering injuries. Assistance is designed to pay for the provision of material (i.e., durable medical equipment, etc.) or for services rendered. (i.e., construction of ramps to the home, widening of doorways, reconstruction of bathrooms for wheelchair access, etc.). For more information, contact the foundation at (214) 998-9749 or hope@josephgrohfoundation.org, or visit josephgrohfoundation.org

Modest Needs Foundation

Modest Needs is a national nonprofit empowering member of the general public to make small, emergency grants to low-income workers who are at risk of slipping into poverty. For more information contact them at: (844) 667-3776 or e-mail at general.questionsmodestneeds.org, or visit their website at: <https://www.modestneeds.org/for-applicants/index.asp>

Spinal Cord Opportunities for Rehabilitation Endowment (SCORE)

SCORE is a non-profit organization that provides modest financial grants to people paralyzed while participating in sports or recreational activities. In the weeks and months following a spinal cord injury, the individual and their family should be focused on rehabilitation. Instead, many are burdened with financial concerns, as insurance rarely covers all of the necessary expenses.

SCORE assists with some of the out-of-pocket costs for items or services that will improve the grant recipient's quality of life. Use of grant funds might include home modifications, adaptive sports equipment, and vehicle adaptations. They confer grant preference to young people injured while participating in sports. For more information, contact questions@scorefund.org or visit scorefund.org

Triumph Foundation

Triumph Foundation assists people with spinal cord injury to receive necessary equipment, supplies, and services. Their "Keep Moving Forward" grant that can cover expenses for patients to maintain therapeutic activities for health and wellness. Applications are reviewed every 30-90 days,

with maximum grants up to \$2,000. Applicants must be residents of the United States, and preference will be given to residents of Southern California. For more information, contact info@Triumph-Foundation.org, or visit: triumph-foundation.org/outreach/grants-and-equipment.

United Healthcare Children's Foundation

The United Healthcare Children's Foundation mission is to improve children's lives and help families gain access to the care they need through medical grants. Eligibility requirements are as follows:

1. Child must be 16 years of age or younger at the time of application.
2. Child must have a Social Security Number issued by the Social Security Administration. TIN numbers are not accepted.
3. Family must not exceed maximum eligible family income as documented on IRS Tax Form 1040.
 - a. \$65,000 or less for a family of 2
 - b. \$100,000 or less for a family of 3
 - c. \$135,000 or less for a family of 4
 - d. \$170,000 or less for a family of 5 or more
4. Primary coverage for the child must be by a commercial health plan, either through an employer or individually purchased. Secondary insurance through Medicaid or CHIP is permissible.
5. Child is under the care of a licensed medical professional and family is applying for treatments/ equipment/ services prescribed by a Medical Doctor (M.D.), Doctor of Osteopathic Medicine (D.O.) or Doctor of Audiology (Au.D.) for hearing conditions.

For more information visit: <https://www.uhccf.org/apply-for-a-grant/>

Wheelchairs 4 Kids

Wheelchairs 4 Kids is a nonprofit organization dedicated to improving the lives of children with physical disabilities. The organization can assist in providing wheelchairs and home and vehicle modifications, as well as other adaptive equipment or therapeutic devices for children with limited mobility due to accident, illness or abuse. To refer a child or for more information, call (727) 946-0963, or email at info@wheelchairs4kids.org. You can also visit: wheelchairs4kids.org

Assistive Technology Grants:

I Got Legs

I Got Legs creates opportunities to transform lives for people with physical challenges. The Survival of the Fittest Fund was created as a grant and peer-to-peer fundraising support initiative to empower individuals and organizations who share our mission, vision and goals. Grant funding falls within the following 3 areas of focus:

1. Expenses associated with Exoskeleton racing
2. Advancing collegiate varsity adaptive sports
3. Breakthrough paralysis research.

For more information, go to info@igotlegs.org or visit their website at: <https://www.igotlegs.org/>

Tyler Schrenk Foundation

The Tyler Schrenk Foundation is a 501(c)(3) nonprofit organization dedicated to improving lives through the promotion and distribution of assistive technologies (AT). The world assistive technologies (AT) can be overwhelming and unfamiliar. The Tyler Schrenk Foundation helps people in need navigate this world by providing resources through our website, hosting 1:1 consultation, and even donating AT through our grant programs for those unable to afford it. In addition to this work, TSF also consults for hospitals, school districts, and companies globally. Two different grant opportunities are available through TSF:

1. *Jose Blakely Memorial Grant*: focuses on one individual a year. Anyone that is looking to increase their independence is eligible. This grant will not be limited to just one device that can increase independence but whatever is necessary to have a sustained impact on the recipient's life.
2. *The Demonstrating Independence Grant*: provides several recipients with assistive technologies, enabling a more independent lifestyle. A device is provided that can help someone control their lights or TV by voice, enable phone calls, and much, much more.

For more information, visit their website at: [h https://www.thetsf.org/apply-for-a-grant](https://www.thetsf.org/apply-for-a-grant)

Home Modification and Housing Grants:

Elderly or Disabled Living

As a nonprofit 501c3 charity, EDL's mission is to reduce costs associated with housing. We specifically provide help to lower income elderly or disabled individuals. EDL is not a home care facility though. Our nonprofit has many cost reducing techniques available to us. EDL's service includes but isn't limited to monetary assistance (e.g. the following is not an exclusive list): Dr. bills, cable, internet, health insurance, car payment, electric, rent, and mortgage. Contact

info@elderlyordisabledliving.com or visit their website at: <https://www.elderlyordisabledliving.com/>

Joseph Groh Foundation

The Joseph Groh Foundation is an organization dedicated to providing financial support to those connected with the construction trades industry (plumbing, HVAC, electrical, roofing etc.) who are living with life altering injuries. Assistance is designed to pay for the provision of material (i.e., durable medical equipment, etc.) or for services rendered. (i.e., construction of ramps to the home, widening of doorways, reconstruction of bathrooms for wheelchair access, etc.). For more information, contact the foundation at (214) 998-9749 or hope@josephgrohfoundation.org, or visit josephgrohfoundation.org

Single Family Housing Repairs Loans and Grants

Also known as the Section 504 Home Repair program, this government-run provides loans to very-low-income homeowners to repair, improve or modernize their homes or grants to elderly very-low-income homeowners to remove health and safety hazards. For more information, visit their website at: <https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

For more questions, visit us:

Adapted Sports Institute at the Ohio State University

Martha Morehouse Medical Pavilion Outpatient Rehabilitation

2050 Kenny Road, Suite 3A

Columbus, OH 43221

614-293-2001

wexnermedical.osu.edu/adaptedsports

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WEXNER MEDICAL CENTER