



# What You Need to Know for Your Upcoming Surgery



**THE OHIO STATE UNIVERSITY**  
WEXNER MEDICAL CENTER

# IMPORTANT THINGS TO PREPARE FOR BEFORE YOUR SURGERY

*Follow these instructions, and those of your provider,  
to be sure your surgery stays on schedule*



**Have a preadmission assessment to review your medical history, determine if testing is necessary and get your presurgery instructions.**



**Register for surgery three to 10 days before your surgery date.**

- Call our preregistration office at 614-293-8200 or toll-free at 1-866-312-7846, 8 a.m. – 5 p.m. Monday through Friday.



**If you will be discharged the same day as surgery, you are required to have a responsible adult (over 18).**

- He/she needs to drive you to your procedure, stay during your surgery, listen to discharge instructions and stay with you for 24 hours after transporting you home.
- Using public transportation (taxi, bus, transportation service or medical transportation) still requires you to have an adult, other than the transportation driver, to monitor your condition.



**Follow presurgery instruction on medicines, supplements and cleaning the skin as directed.**

- If instructed, shower with the CHG soap the night before your surgery and again the morning of your surgery as directed.
- Do not put anything on your skin, hair or nails, including makeup and nail polish.



**Expect to be notified by 1 p.m. the day before surgery to tell you when to arrive to your surgery location.**

- If you are not notified by 1 p.m. the day before your surgery, call your surgery location, which can be found on the pocket of this folder.
- If you arrive more than 10 minutes late, your surgery may be delayed or canceled.
- If you need to cancel or reschedule your surgery, call your surgery location by 1 p.m. on the day prior to your scheduled surgery. To cancel or reschedule a Monday appointment, call by 1 p.m. on Friday.



**The day of your surgery, leave your valuables at home except for your insurance card, photo ID and payment (if required, as talked about in your preregistration call).**

- Remove all jewelry, including your wedding ring and all body piercings.
- Bring a list of your medications, vitamins and supplements with doses and times taken.



**CRITICAL!**

**Do not eat or chew anything after midnight the night before your surgery.**



- No food, gum, mints, hard candy, cough drops or chewing tobacco.
- When brushing your teeth, avoid swallowing anything.
- Take morning medicines with a small sip of water, unless instructed otherwise.
- No alcohol or non-clear beverages like orange juice, milk or coffee with cream.



**Carefully follow your provider's personalized instructions regarding drinking before your surgery.**

**This is for your safety, to reduce your risk of life-threatening pneumonia. Your surgery will be delayed or canceled if you do not follow these instructions.**



## YOUR UPCOMING SURGERY

If you have any questions about your surgery, medicines, transportation or other issues, or need to cancel or reschedule, please call the surgery location at the number listed.



**Eye and Ear Institute  
Outpatient Surgery Center**  
(Department of Ohio State University Hospitals)

**614-293-2090**  
**915 Olentangy River Road**  
**Columbus, Ohio 43212**  
Free parking



**Jameson Crane Sports Medicine Institute  
Outpatient Surgery Center**  
(Department of Ohio State University Hospitals)

**614-366-0088**  
**2835 Fred Taylor Drive**  
**Columbus, Ohio 43202**  
Free parking



**University Hospital East**

**614-257-3440**  
**181 Taylor Ave.**  
**Columbus, Ohio 43203**  
Free parking



**University Hospital Same Day Surgery Center  
Rhodes Hall**

**614-293-8795**  
**410 W. 10th Ave.**  
**Columbus, Ohio 43210**

Valet parking is available at University Hospital main entrance, 450 W. 10th Ave., Monday through Friday from 5 a.m. to 5:45 p.m. and Saturday and Sunday from 9 a.m. to 5 p.m. You also may park in the SAFEAUTO Hospitals Garage.