

WHAT YOU NEED TO KNOW for your upcoming surgery



IMPORTANT THINGS TO PREPARE FOR **BEFORE YOUR SURGERY**

Follow these instructions, and those of your provider, to be sure your surgery stays on schedule



Have an assessment to review your medical history and receive your instructions.

| Location: |
|-----------------------------------|
| Date: |
| Time: |
| Not Applicable |
| Test your phone for a video visit |



Register for surgery three to 10 days before your surgery date.

Call our preregistration at 866-312-7846, 8 a.m.-5 p.m. Monday through Friday.



You are required to have a responsible adult (over 18) accompany you.

- They need to drive you to your surgery, stay during your surgery, listen to discharge instructions and stay with you for 24 hours after transporting you home.
- Using public transportation (taxi, bus, transportation service or medical transportation) still requires you to have an adult, other than the transportation driver, to monitor your condition.



Follow presurgery instruction on medicines, supplements and cleaning the skin as directed.

- If instructed, shower with the CHG soap the night before your surgery and again in the morning of your surgery as directed.
- Don't put anything on your skin, hair or nails, including makeup and nail polish



Expect to be notified by 1 p.m. the day before your surgery to tell you when to arrive to your surgery location.

- If you aren't notified by 1 p.m. the day before your surgery, call your surgery location, which can be found on the pocket of this folder.
- If you arrive more than 10 minutes late, your surgery may be delayed or canceled.
- If you need to cancel or reschedule your surgery, call your surgery location by 1 p.m. on the day prior to your scheduled surgery. To cancel or reschedule a Monday appointment, call by 1 p.m. on Friday.



The day of your surgery, leave your valuables at home except for your insurance card, photo ID and payment (if required by insurance).

- Remove all jewelry, including your wedding ring and all body piercings.
- Bring a list of your medications, vitamins and supplements with doses and times taken.
- Bring a list of your allergies, medical conditions and prior surgeries.
- If you have advanced directives, such as living will or power or attorney, bring them as well.



CRITICAL!

Do not eat or chew anything after midnight the night before your surgery.

- No food, gum, mints, hard candy, cough drops or chewing tobacco.
- When brushing your teeth, avoid swallowing anything.
- Take morning medicines with a small sip of water, unless instructed otherwise.
- No alcohol or non-clear beverages like orange juice, milk or coffee with cream.

Carefully follow your provider's personalized instructions regarding drinking before your surgery.

This is for your safety, to reduce your risk of life-threatening pneumonia. Your surgery will be delayed or canceled if you dont' follow these instructions.

YOUR UPCOMING SURGERY

| Your surgery is schee | (date) | |
|-----------------------|--|--|
| at the location check | ed below. | |
| | about your surgery, medicines, transponedule, please call the surgery location at | |
| | East Hospital 614-257-3737 181 Taylor Ave. Columbus, OH 43203 Free parking | |
| | East Outpatient Surgery Center 614-257-2847 Located past Talbot Hall at 1441 Phale D. Hale Drive Columbus, OH 43203 Enter through the west entrance Free parking | |
| | Eye and Ear Institute Outpatient Surgery Center (Department of Ohio State University Hospital) 614-293-2090 915 Olentangy River Road Columbus, OH 43212 Free parking | |
| | Jameson Crane Sports Medicine Instit Outpatient Surgery Center (Department of Ohio State University Hospitals) 614-366-0088 2835 Fred Taylor Drive Columbus, OH 43202 Free parking | rute |
| | Outpatient Care New Albany Ambulatory Surgery Center 614-814-8434 6100 N. Hamilton Road Westerville, OH 43081 Free parking | |
| | Outpatient Care Dublin Ambulatory Surgery Center 614-814-7651 6700 University Blvd. Dublin, OH 43016 Free parking | |
| | University Hospital Same Day Surgery Center (Rhodes Hall) 614-293-8795 410 W. 10th Ave. Columbus, OH 43210 | University Hospital 614-293-8795 410 W. 10th Ave. Columbus, OH 43210 |
| | For both of these locations, valet parking is a | vailable at the |

You also may park in the SAFEAUTO Garage at 450 W. 10th Ave. 5 a.m. to 5:45 p.m. Monday through Friday 9 a.m. to 5 p.m. Saturday and Sunday

University Hospital main entrance.

| NOTES | | |
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MyChart

Manage your health care anytime, anywhere.

The Ohio State University Wexner Medical Center's patient portal, MyChart, is an easy and safe onlinetool to manage your health care. Use MyChart with your mobile device or computer to access your medical information anytime, because life happens outside of business hours.

Sign up for your secure MyChart account:

wexnermedical.osu.edu/osumychart



wexnermedical.osu.edu/patient-and-visitor-guide



