## Sandwiches

**Slow Roasted Beef on Brioche**  
Roasted Beef with Pan Gravy, Pickled Red Onions, Fennel  
- **6.49**

**White Bean Tortilla Melts**  
White Beans, White Cheddar and Feta, Green Onions, Red Pepper Salsa  
- **6.49**

**Turkey Pesto Meatball on Focaccia**  
Turkey Meatball, Pesto, Provolone, Tomato Focaccia  
- **5.79**

**Chickpea Salad on Tomato Basil Wrap**  
Smashed Chickpea Salad, Organic Harvest Greens, Tomato Basil Wrap  
- **5.79**

**Bloch Classic Chicken Salad**  
Organic Shredded Local Chicken, Grapes, Apples, Almonds, Multigrain Organic Bread  
- **5.79**

**Combine Soup, half salad or half sandwich**  
- **6.99**

## Salads & Soups

**Cranberry Walnut Orange Salad**  
Organic Harvest Greens, Cranberry Vinaigrette, Mandarin Oranges, Candied Walnuts  
- **6.49**

**Baby Kale and Golden Beet Salad**  
- **6.49**

**Roasted Sweet Potato Spinach Salad**  
Roasted Sweet Potatoes, Herb Feta, Toasted Pecans, Balsamic Vinaigrette.  
- **6.49**

**Mediterranean White Bean Soup**  
Tomato Base, White Beans, Olives and Feta  
- **3.89**

**Roasted Butternut Squash Soup**  
Vegan, Creamy and Delicious  
- **3.89**

**Multigrain Baguette**  
- **0.99**

## Entrees & Flatbreads

**Spaghetti Squash with Bolognese**  
Roasted Herb Spaghetti Squash, Meatless Bolognese Sauce Broccoli  
- **10.29**

**Walnut Crusted Chicken**  
Herb Roasted Potatoes, Garlic Haricot Verts  
- **10.29**

**Blackened Shrimp Pasta**  
Angel Hair Pasta, Roasted thinly Sliced Garlic, Spinach, Herb Breadcrumb Topping  
- **10.29**

**Grilled Veggie Pesto Flatbread**  
Provolone, Turkey or Veggie Sausage  
- **6.29**

**Brussel Sprout Ricotta Flatbread**  
Dried Fruit Medley, Pistachios, Honey Drizzle  
- **6.29**

## Grab and Go

**Fresh Fruit Cup**  
Fresh Seasonal Fruit Salad  
- **3.29**

**Vanilla Greek Yogurt Parfait**  
Vanilla Greek Yogurt, Fresh Fruit, Organic Granola  
- **2.79**

**Protein Box**  
Trail Mix, Hard Boiled Egg, Hummus and Veggies  
- **5.79**

**Hummus Grain Salad Box**  
House Made Hummus and Grain Salad, Fresh Veggies  
- **5.79**

**Charcuterie Plate**  
Chef’s Choice, Two Meats, Two Cheese Options, Grapes, Wheat Crackers  
- **5.79**