**The Bloch Cafe**

**Breakfast** served 7:00 A.M. - 10:00 A.M.
**Lunch/Dinner** served 11:00 A.M. - 7:00 P.M.

### Sandwiches

- **Grilled Vegetable Panini** $6.49
  Grilled vegetables, Pesto and fresh Mozzarella cheese on a Ciabatta
- **Chicken Parmesan** $6.49
  Baked Breaded Chicken breast, Mozzarella cheese blend, Tomato sauce on toasted bread
- **Grilled Cheese** $6.49
  Brioche bread with Gruyere cheese
  - Add sliced Tomato: $1.00
  - Add Bacon: $1.50
- **Curried Chickpea Salad Wrap** $5.79
  Curried Chickpea Salad, Shredded Veggie Medley, Golden Raisins, Seasonal Greens

### Salads

- **Kale Power Salad** $6.49
  Kale, Broccoli, Cabbage, Apples, Cauliflower, Cranberries and Sunflower seeds, Honey Citrus Vinaigrette
- **Captain J’s Buttermilk Wedge Salad** $6.49
  Iceberg wedge, Pickled Red Onion, Gorgonzola, Bacon, Candied Pecans, Creamy Buttermilk Dressing
  - Add a Chicken Breast to any salad: $3.49

### Entrees

- **Honey Chili Chicken** $10.29
  Roasted Butternut Squash and Brussel Sprouts with Local Marinated Chicken Breast
- **Butternut Squash Ravioli** $12.29
  House Alfredo, Shaved Parmesan, Roasted Squash and Organic Arugula

### Flatbreads

- **Barbeque Pork** $6.29
  Pulled Pork, Caramelized Red Onions, Cheddar topped with Ruel’s Root Beer BBQ sauce
- **Margherita** $6.29
  Garlic and oil base, Sliced Tomatoes, Mozzarella Cheese, Arugula, Balsamic Glaze
  - Add a Chicken Breast: $3.49

### Soups

- **Fire Roasted Tomato Bisque** $3.99
- **Ribollita** $3.99
  Italian bean and vegetable soup served with croutons and parmesan cheese
  *Contains Pork
- **Pretzel Bread** $0.99
- **Combine Soup, Half Salad, or Half Sandwich** $6.99

### Grab ‘n’ Go

- **Vanilla Greek Yogurt Parfait** $3.49
  Vanilla Greek Yogurt, Fresh Fruit, Organic Granola
- **Fresh Seasonal Fruit Salad** $3.49
- **Mediterranean Tuna Wrap** $6.49
  Pole caught Tuna, Capers, Kalamata olives, Sun Dried Tomato, Cipollini Onions, Spinach in a Tomato Basil Wrap
- **Hummus Plate** $4.79
  House Made Hummus with Fresh Veggies and pita chips
- **Classic Chicken Salad Sandwich** $5.79
  Organic Shredded Local Chicken, Grapes, Apples, Almonds, Multigrain Organic Bread

### Cook to Order Pancakes

- **Multigrain Pancakes** $2.99
  - Add Chocolate Chips: $0.69
  - Add Blueberries: $0.99
  - Add Raspberries: $0.99

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*NOTICE: Consuming raw or Undercooked meats, poultry, Seafood, shellfish, or eggs may increase your risk of foodborne illness.*