**The Bloch Cafe**

**Breakfast** Served 7:00 a.m. - 10:00 a.m.  
**Lunch/Dinner** Served 11:00 a.m. - 7:00 p.m.

### Sandwiches

- **Chicken Parmesan**  
  Baked Breaded Chicken breast, Mozzarella cheese blend, Tomato sauce on toasted bread  
  $6.49

- **Grilled Cheese**  
  Brioche bread with Gruyere cheese  
  Add sliced Tomato  1.00  
  Add Bacon  1.50  
  $6.49

- **Curried Chickpea Salad Wrap**  
  Curried Chickpea Salad, Shredded Veggie Medley, Golden Raisins, Seasonal Green  
  $5.79

### Salads

- **Kale Power Salad**  
  Kale, Broccoli, Cabbage, Apples, Cranberries and Sunflower seeds, Honey Citrus Vinaigrette  
  $6.49

- **Captain J's Buttermilk Wedge Salad**  
  Iceberg wedge, Pickled Red Onion, Gorgonzola, Bacon. Candied Pecans, Creamy Buttermilk Dressing  
  Add a Chicken Breast to any salad  
  $3.49

### Grub 'n' Go

- **Fresh Seasonal Fruit Salad**  
  $3.49

- **Vanilla Greek Yogurt Parfait**  
  Vanilla Greek Yogurt, Fresh Fruit, Organic Granola  
  $3.49

- **Classic Chicken Salad Sandwich**  
  Organic Shredded Local Chicken, Grapes, Apples, Almonds, Multigrain Organic Bread  
  $5.79

### Soups

- **Fire Roasted Tomato Bisque**  
  $3.99

- **Ribollita**  
  Italian bean and vegetable soup served with croutons and parmesan cheese *Contains Pork  
  $3.99

### Flatbreads

- **The Yanni**  
  Hummus, Black Olives, Roasted Red Pepper, Feta Cheese topped with Tzatziki Sauce  
  $6.29

- **Margherita**  
  Garlic and oil base, Sliced Tomatoes, Mozzarella Cheese, Arugula, Balsamic Glaze  
  $6.29

### Cook to Order Pancake

- **Multigrain Pancakes**  
  served with butter and pancake syrup  
  $2.99

- **Combine Soup, Half Salad, or Half Sandwich**  
  $6.99

*NOTICE: Consuming raw or Undercooked meats, poultry, Seafood, shellfish, or eggs may increase your risk of foodborne illness.*