## Breakfast
9:00 AM - 10:00 AM

### Sandwiches
- **Asian Pork Rolls**
  Served with Carrot Cabbage Slaw
  6.49
- **Barbeque Chicken Wrap**
  Red Onion, Maple Sweet Potato Spread
  6.49
- **Muenster Grilled Cheese**
  Sourdough Bread, Sundried Tomato Pesto, Baby Kale Arugula Blend.
  6.49
- **Roasted Balsamic Caprese**
  Roasted Balsamic Chickpeas, Mozzarella, Spinach and Basil, Heirloom Tomatoes
  5.79
- **Chickpea Wrap**
  Organic Shredded Local Chicken, Grapes, Apples, Almonds, Multigrain Organic Bread
  5.79

### Salads
- **Marinated Heirloom Tomato Salad**
  Grilled Romaine Halves, Sourdough Crouton Crumb, Avocado Dressing
  6.49
- **Watermelon Feta Salad**
  Baby Kale Arugula Blend, Feta, Watermelon, Red Onion, Sunflower Seeds, Poppyseed Dressing
  6.49
- **Spinach Waldorf**
  Spinach, Grapes, Celery, Candied Walnuts, Cranberry Yogurt Dressing
  6.49

### Soups
- **Sweet Corn Bisque with Candied Jalapenos**
  3.89
- **Tomato Basil Soup**
  3.89
- **Multigrain Baguette**
  0.99

### Grab ‘n’ Go
- **Fresh Seasonal Fruit Salad**
  3.29
- **Vanilla Greek Yogurt Parfait**
  Vanilla Greek Yogurt, Fresh Fruit, Organic Granola
  2.79
- **Protein Box**
  Trail mix, Hummus, Veggies, Hard Boiled Egg
  5.79
- **Hummus Plate**
  House Made Hummus with Fresh Veggies and pita chips
  4.79
- **Seasonal Grain Salad**
  3.29
- **Charcuterie Plate**
  Chef’s Choice, Two Meats, Two Cheese Options, Grapes, Crackers, Hard Boiled Egg
  5.79

### Entrees
- **Falafel Pita**
  House Tzatziki and Creamy Dill Summer Salad
  10.29

### Flatbreads
- **Street Corn Flatbread**
  Corn Spread, Queso Fresco, Cilantro, Candied Jalapenos, Chipotle Aioli
  6.29

### Cook to Order Pancakes
- **Multigrain Pancakes**
  Served with Butter and Pancake Syrup
  2.29
  - Chocolate Chips 0.69
  - Blueberries 0.99
  - Raspberries 0.99
  - Pure Maple Syrup 1.29