Monday  April 16

**soup:** Tomato and Chickpea Soup 12oz $3.89

**salad:** Romaine with a Creamy Cashew Dressing Marinated Carrots and Tofu with Toasted Sesame Seeds $6.49 (full) $4.29 (half)

**sandwich:** Cold Cucumber Sandwich with a Garlic and Dill Goat Cheese, and baby arugula on Wheat Bread $6.49 (full) $4.29 (half)

**entree:** Mediterranean Quinoa Bowl with Avocado, Cucumbers, Kalamata Olives, Kale, Feta and Roasted Red Pepper Sauce $8.29

Tuesday  April 17

**soup:** Roasted Potato and Fennel Soup with Watercress 12oz $3.89

**salad:** Roasted Brussel Sprout Quinoa Salad with Cranberries, Spinach and Salmon $6.49 (full) $4.29 (half)

**sandwich:** Turkey, Avocado, Spinach, Smoked Gouda with Roasted Garlic Aioli on Ciabatta $6.49 (full) $4.29 (half)

**entree:** Chicken Sausage Jambalaya $10.29

Wednesday  April 18

**soup:** Summer Squash and Corn Soup 12oz $3.89

**salad:** Grilled Pineapple, Mango, Crispy Tortilla Strips and Queso Fresco with a Lime Vinaigrette $6.49 (full) $4.29 (half)

**sandwich:** House Made Black Bean Burgers with Siracha Aioli, Microgreens and Roasted Garlic Bun $6.49 (full) $4.29 (half)

**entree:** Pan Seared Gnocchi in Red Pepper Cream Sauce, Roasted Veggies, and Italian Herb Marinated Chicken $10.29

**Combo $6.99:** Choose Two

½ salad (without meat), ½ sandwich, soup

Thursday  April 19

**soup:** Broccoli and White Cheddar Soup 12oz $3.89

**salad:** Kale and Swiss Chard Blend, Strawberries, Blueberries, Pecans, Balsamic Vinaigrette $6.49 (full) $4.29 (half)

**sandwich:** Moroccan Pulled Pork, Orange Chutney on Toasted Brioche Bun $6.49 (full) $4.29 (half)

**entree:** Shrimp and Spinach Risotto $10.29

Friday  April 20

**soup:** Lemongrass Noodle Soup with Slivered Pork 12oz $3.89

**salad:** Shrimp over Romaine, Spinach, Corn, Roasted Red Peppers and Sun Dried Tomato Vinaigrette $6.49 (full) $4.29 (half)

**sandwich:** House Made Egg Salad in Crispy Lettuce Cups $6.49 (full) $4.29 (half)

**entree:** Sofrito Burrito Bowls: Seasoned Sofrito Tofu, Brown Rice, Corn Black Beans, Tomatillo Salsa, Heirloom Tomatoes $10.29

**Grab and go selections for the week**

- **Monday:** Club Wrap; **Tuesday:** Veggie Tex Mex Wrap; **Wednesday:** Turkey with Cranberry Mayo; **Thursday:** Thai Chicken; **Friday:** Philly Wrap;

**Grain Salad:** Brussel Sprout Barley Grain Salad, Dill Farro Salad Radish and Pecan Salad

**Fruit Cup:** Strawberry, Blueberry, Orange Fruit Cup;

**Everyday Options:** Grape and Almond Chicken Salad Sandwich; Hummus Plate; Seasonal Tossed Salad; Fruit and Yogurt Parfait

**Add To Salad:** Grilled Chicken $2.99, Tofu $0.99, Daily Protein $3.29

Breakfast Available 7:00am-10:00am

Multigrain Pancakes, and Gluten Free Pancakes available all day