**THE BLOCH CAFE**

Breakfast Served Mon-Fri 7:00AM - 10:00AM
Lunch Served Mon-Fri 11:00AM - 3:00PM

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## CRAFT YOUR OWN BREAKFAST

**1: CHOOSE YOUR ITEM**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Panini</td>
<td>$4.79</td>
</tr>
<tr>
<td>White or Multi Grain Bread</td>
<td></td>
</tr>
<tr>
<td>Wrap</td>
<td>$5.39</td>
</tr>
<tr>
<td>Spinach Wrap or Whole Wheat Wrap</td>
<td></td>
</tr>
<tr>
<td>Omelet</td>
<td>$6.39</td>
</tr>
<tr>
<td>Redskin Potato Hash</td>
<td>$6.39</td>
</tr>
<tr>
<td>English Muffin</td>
<td>$3.69</td>
</tr>
</tbody>
</table>

**2: ADD VEGETABLES**

- Bell Peppers
- Spinach
- Arugula
- Mushrooms
- Tomatoes
- Jalapeno
- Onion

**3: ADD CHEESE**

- Cheddar
- Swiss
- Mozzarella

**4: ADD PROTEIN**

- Bacon $0.99
- Turkey Sausage $1.29
- Veggie Sausage $1.39
- Black Forest Ham $1.29

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**COOKED TO ORDER PANCAKES**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multigrain Pancake</td>
<td>$3.29</td>
</tr>
<tr>
<td>Chocolate Chips</td>
<td>$1.29</td>
</tr>
<tr>
<td>Blueberries</td>
<td>$1.29</td>
</tr>
<tr>
<td>Oreo Cookie Crumbles</td>
<td>$1.29</td>
</tr>
</tbody>
</table>

**A LA CARTE**

- Egg to Order $1.59
- Add vegetables or cheese $0.35/ea
- Toast $1.39
- Sautéed Vegetables $4.19
- Side of Redskin Potatoes $4.19

**GRAB AND GO**

- Yogurt Parfait $3.99
- Pastries & Desserts
  - Baked fresh daily - the perfect accompaniment for your cup of coffee. Selections change daily and we use no preservatives.
THE BLOCH CAFE

COMBINE SOUP, HALF SALAD, OR HALF SANDWICH
$7.79

SANDWICHES
The Bloch BLT (cannot be included in lunch combo) $9.89
Brioche bread with candied bacon, leaf lettuce, fried green tomatoes, and Giardiniera mayonnaise

Italian Chicken Sandwich $8.79
Sundried tomato, marinated and braised chicken, Giardiniera mayonnaise, pickled vegetables, micro celery, served on a mini sub bun

Country Grilled Cheese $7.29
Brioche bread with NY sharp cheddar cheese
Add Sliced Tomato $1.00
Add Bacon $1.50

SOUPS
Soup du Jour $3.99
Tomato Basil $3.99
Aztec Chowder $4.99
Chicken, white beans, Anaheim chiles, onions, garlic, spices, in a creamy stock with roasted tortilla crouton and pepper jack cheese

THE BLOCH CAFE

SALADS
Michael’s Favorite Salad $7.29
Mixed greens topped with chopped bacon, red onions, tomato wedges, and Gorgonzola, topped with our rich garlic and black peppercorn dressing

The Buttermilk Wedge Salad $7.29
Iceberg wedge, pickled red onion, Gorgonzola, bacon, candied pecans, creamy buttermilk dressing

Add a Chicken Breast to any Dish $3.99
Pretzel Bread $1.29

COOKED TO ORDER PANCAKES
Multigrain Pancake $3.49
Add Chocolate Chips $1.29
Add Blueberries $1.29
Add Oreo Cookie Pieces $1.29

ENTREES
The Bloch Café Risotto $10.79
Arborio rice braised with vegetable stock and white wine, made wonderful with roasted garlic, portobello mushrooms, butternut squash, peas, roasted red peppers, fried onions, butter, and shaved Parmesan (can be made vegan)

BREAKFAST SERVED MON-FRI
7:00AM - 10:00AM

LUNCH SERVED MON-FRI 11:00AM - 3:00PM

FLATBREADS
BBQ Chicken $8.49
Shredded chicken, BBQ sauce, bacon, pickled red onions, cheddar cheese

Margherita $8.49
Sliced tomatoes, mozzarella cheese, arugula, balsamic glaze

Quattro Formaggi $8.49
Four Italian cheeses - fresh mozzarella, Fontina, Parmesan, and Gorgonzola on our roasted tomato and red pepper sauce

Roasted Portabella Mushroom $8.49
Served with grated Parmesan cheese on our roasted tomato and red pepper sauce

GRAB ‘N’ GO
Vanilla Greek Yogurt Parfait $3.99
Vanilla Greek yogurt, fresh fruit, organic granola

Classic Chicken Salad $7.29
Sandwich
Organic shredded local chicken, dried cranberries, almonds, multigrain organic bread

Freshly Baked Pastries

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