Monday May 14

soup: Tomato and Chickpea Soup 12oz $3.89

salad: Romaine with a Creamy Cashew Dressing Marinated Carrots and Tofu with Toasted Sesame Seeds $6.49 (full) $4.29 (half)

sandwich: Cold Cucumber Sandwich with a Garlic and Dill Goat Cheese, and baby arugula on Wheat Bread $6.49 (full) $4.29 (half)

trenta: Mediterranean Quinoa Bowl with Avocado, Cucumbers, Kalamata Olives, Kale, Feta and Roasted Red Pepper Sauce $8.29

Tuesday May 15

soup: Roasted Potato and Fennel Soup with Watercress 12oz $3.89

salad: Roasted Brussel Sprout Quinoa Salad with Cranberries, Spinach and Salmon $6.49 (full) $4.29 (half)

sandwich: Turkey, Avocado, Spinach, Smoked Gouda with Roasted Garlic Aioli on Ciabatta $6.49 (full) $4.29 (half)

trenta: Chicken Sausage Jambalaya $10.29

Wednesday May 16

soup: Summer Squash and Corn Soup 12oz $3.89

salad: Grilled Pineapple, Mango, Crispy Tortilla Strips and Queso Fresco with a Lime Vinaigrette $6.49 (full) $4.29 (half)

sandwich: House Made Black Bean Burgers with Siracha Aioli, Microgreens and Roasted Garlic Bun $6.49 (full) $4.29 (half)

trenta: Pan Seared Gnocchi in Red Pepper Cream Sauce, Roasted Veggies, and Italian Herb Marinated Chicken $10.29

Combo $6.99: Choose Two
1/2 salad (without meat), 1/2 sandwich, soup

Thursday May 17

soup: Broccoli and White Cheddar Soup 12oz $3.89

salad: Kale and Swiss Chard Blend, Strawberries, Blueberries, Pecans, Balsamic Vinaigrette $6.49 (full) $4.29 (half)

sandwich: Moroccan Pulled Pork, Orange Chutney on Toasted Brioche Bun $6.49 (full) $4.29 (half)

trenta: Shrimp and Spinach Risotto $10.29

Friday May 18

soup: Lemongrass Noodle Soup with Slivered Pork 12oz $3.89

salad: Shrimp over Romaine, Spinach, Corn, Roasted Red Peppers and Sun Dried Tomato Vinaigrette $6.49 (full) $4.29 (half)

sandwich: House Made Egg Salad in Crispy Lettuce Cups $6.49 (full) $4.29 (half)

trenta: Sofrito Burrito Bowls: Seasoned Sofrito Tofu, Brown Rice, Corn Black Beans, Tomatillo Salsa, Heirloom Tomatoes $10.29

Grab and go selections for the week

Monday: Club Wrap; Tuesday: Veggie Tex Mex Wrap; Wednesday: Turkey with Cranberry Mayo; Thursday: Thai Chicken; Friday: Philly Wrap;

Grain Salad: Brussel Sprout Barley Grain Salad, Dill Farro Salad Radish and Pecan Salad

Fruit Cup: Strawberry, Blueberry, Orange Fruit Cup;

Everyday Options: Grape and Almond Chicken Salad Sandwich; Hummus Plate; Seasonal Tossed Salad; Fruit and Yogurt Parfait

Add To Salad: Grilled Chicken $2.99, Tofu $0.99, Daily Protein $3.29