

Peanut Butter Oatmeal



Yield: 4 servings

Ingredients:

- 1cup old-fashioned rolled oats
- 1can evaporated milk
- $\frac{1}{4}$ cup creamy peanut butter
- $\frac{1}{4}$ cup dried fruit

Directions:

1. In a large microwave-safe bowl combine the oats and milk. Microwave on high for 3 minutes, then remove from microwave and stir continuously for 30 seconds to develop creamy oats. Or, bring milk to boil in a medium pot over medium-high heat and bring to a boil, then add oats and cook for 3 – 5 minutes, stirring occasionally.
2. While oats are still hot, add the peanut butter and dried fruit to the oats, and stir to combine. Serve immediately.

Equipment Needed:

- Large microwave-safe bowl or medium pot
- Measuring cup
- Stirring spoon