



Patients:

During your first visit in our office you will undergo two breathing tests.

1. Peak Flow – This measures how much air you get in and out of your lungs.
2. Niox – This measures if you have any inflammation in your lungs. This test we require your score be 25 or less. Anything higher would prompt us to take a closer look at your breathing.

These tests are to ensure that you don't have any additional breathing issues. Many of our patients have been dealing with shortness of breath, chest tightness or wheezing for years and have never had it treated. Others have been living with it for so long they don't notice it. All of these tests are required to be sure that we have done everything to ensure your safety during your allergy testing.

If either of these tests show that you have some additional breathing issues we will be conducting another breathing test called Spirometry before we are able to go forward with the allergy testing.

Please be sure to let our medical assistant or nurse know if you have asthma or issues with shortness of breath before we begin.

Thank you for allowing us to assist in your Allergy Care.

Dr. Karen Calhoun and Staff