Ohio State Wexner Medical Center Allergy and Sinus Center

Certain medicines and poorly controlled asthma can prevent us from testing for allergies in the office. If you have questions or are concerned about stopping any of your medications, please contact our office at 614-366-3926. Our goal is to help you feel better!

**DO NOT STOP your ASTHMA MEDICATIONS.**

**PLEASE STOP THE FOLLOWING MEDICINES 7 DAYS BEFORE YOUR VISIT:**
Note: These include all over-the-counter allergy or sleep and many cold/flu medications.

### Pills:
- Allegra
- Antivert
- Atarax
- Benadryl
- Brompheniramine
- Carbinoxamine
- Cetirizine
- Chlorpheniramine
- Clarinex
- Claritin
- Clemastine
- Cyproheptadine
- Desloratadine
- Dimenhydrinate
- Diphenhydramine
- Doxylamine
- Dramamine
- Fexofenadine
- Hydroxyzine
- Ketotifen
- Levocetirizine
- Loratadine
- Meclizine
- Methdilazine
- NyQuil
- Periactin
- Phenergan
- Phenindamine
- Promethazine
- Pyrilamine
- Robitussin Nighttime
- Simply Sleep
- Sominex
- Tavist
- TranQuil
- Trimeprazine
- Tripelennamine
- Triprolidine
- Tussicaps
- Unisom
- Vicks Nighttime
- Vistaril
- Xyzal
- Zaditor
- Zyrtec
- ZzzQuil

### Nose sprays:
- Azelastine
- Astelin
- Astepro
- Olapataidine
- Patanase

### Eye drops:
- Alamast
- Alaway
- Alcaftadine
- Azelastine
- Bepotastine
- Bepeve
- Claritin
- Epinastine
- Alamast
- Ketonifine
- Levocabastine
- Livostin
- Livonol
- Levonol A
- Olopatadine
- Ophratadine
- Patanol
- Pataday
- Pazeo
- Zaditor
- Zyrtec
- Optivar
- Patanol
- Visine-A
Of note: Certain types of anti-nausea, mood and anxiety medications may interfere with testing. We do not recommend stopping these medicines without discussing with your prescribing physician first and we can discuss this on a case by case basis at your visit. These include: doxepin(Sinequan), amitriptyline(Elavil), nortriptyline(Pamelor), ipipramine(Tofranil), chlorpromazine(Thorazine), fluphenazine, perphenazine, prochlorperazine(Compazine), promethazine(Phenergan), thiodazine, clozapine(Clozaril), alprazolam(Xanax), diazepam(Valium), quetiapine(Seroquel), mirtazipine(Reboxetine), olanzapine(Zyprexa), and clonazapine(Clozaril).

OK TO TAKE BEFORE ALLERGY SKIN TESTING:

**Pills that are OK to take before allergy skin testing:**

- Accolate
- Dextromethorphan cough drops
- Guaifenesin
- Montelukast
- Mucinex (plain)
- Mucinex D*
- Pseudoephedrine*
- Phenylephrine*

*These medications are NOT recommended for patients with high blood pressure or heart problems.

- Singulair
- Sudafed*
- Sudafed PE*
- Zafirlukast
- Zileutin
- Zyflo

Short term and/or low dose prednisone or other systemic steroids may also be ok.

**Eye Drops that are OK to take before allergy skin testing:**

- Acular
- Artificial tears
- Lotemax
- Ocufen
- Visine (not Visine-A)
- Voltaren

**Nose Sprays that are OK to take before allergy skin testing:**

- Afrin
- Budesonide
- Ciclesonide
- Flonase

- Mometasone
- Nasacort
- Nasonex
- Omnaris

- Oxymetazoline
- Rhinocort
- Triamcinolone
- Veramyst

Questions? Please visit our website for further information (add URL) or contact our office at 614-366-3926