

COMMUNITY HEALTH DAY
Pavilion Activities

DESCRIPTION	ACTIVITY	Time/Location
Entertainment - Family	Power 106.3/107.5	9a-11:30a
Safety	Columbus Fire House	9a-11:30a; 1-3pm – Parking Lot
Disease Education	Colon Education	9a-3pm – Buckeye Activities Pavilion
Health Education	Health Expo	9a-3pm – Buckeye Expo Pavilion
Exercise Demo	Hip Hop Exercise	9:30a – Buckeye Healthy Lifestyle Pavilion
Mindfulness/Meditation	OSU Integrative Medicine	10a – Buckeye Healthy Lifestyle Pavilion
Exercise Demo	LaBlast Exercise	10:30a – Buckeye Healthy Lifestyle Pavilion
Science	COSI	10a-2pm – Buckeye Activities Pavilion
Entertainment – Kids	PBS Character - Super Why	10a-2pm – Buckeye Activities Pavilion
Entertainment - Kids	Face Painters/Balloon Artist	10a-3pm – Buckeye Activities Pavilion
Exercise Demo	Rhythm Nation Line Dancing	10:30am – Buckeye Healthy Lifestyle Pavilion (30 minutes)
Cooking Demo	Cooking Demo – Chef Warner	11:30am – Buckeye Healthy Lifestyle Pavilion (45 minutes)
Entertainment - Family	MojoFlo	1pm – Healthy Lifestyle Pavilion