Deepak Chopra to Address OSU’s Brain Health and Performance Summit

Chopra Will Also Hold Community Event in Columbus to Discuss his New Bestseller, “We Are the Universe”

COLUMBUS, Ohio, April 6, 2017 --

Deepak Chopra, M.D., founder of The Chopra Foundation, co-founder of The Chopra Center for Wellbeing, and world-renowned pioneer in integrative medicine and personal transformation will provide a keynote address at the Second Annual Global Brain Health and Performance Summit April 27-29 at the Hilton Columbus Downtown. The Summit is presented by The Ohio State University Wexner Medical Center's Stanley D. and Joan H. Ross Center for Brain Health and Performance.

The conference will feature many of the world’s most prominent neuroscientists, researchers, and key experts in the brain health industry including entrepreneurs, corporate leaders, and notable science journalists. To register, visit go.osu.edu/brainhealth.

Additionally, the Ross Center for Brain Health and Performance will host a community event with Dr. Chopra on Saturday, April 27th from 4:00-
5:30 p.m. at the Mershon Auditorium where he will share new insights from his latest bestseller, “You Are the Universe.” Tickets are $35 and Dr. Chopra will be signing copies of “You Are the Universe” that will be available for purchase at the event.

The Summit will focus on expanding understanding of brain health across scientific disciplines. Featured speakers include Dan Buettner, National Geographic Fellow, best-selling author and founder of Blue Zones; Richard Friedman, M.D., professor of psychiatry at Weill Cornell Medical College and a contributing opinion writer for The New York Times on neuroscience; Abby Levy, MBA, President of Thrive Global; Moshe Bar, PhD, director of the Brain Research Center at Bar-Ilan University and professor at Harvard Medical School; Jon Hamilton, National Public Radio science correspondent; Sarah Lenz Lock, JD, who leads the Global Council on Brain Health, an independent collaborative of scientists, doctors and policy experts convened by AARP; Nathan Price, PhD, co-founder of Arivale and Head of the 100k Wellness Project; James Olds, PhD, assistant director for the Directorate for Biological Sciences for the National Science Foundation; Arthur Kramer, PhD, senior vice provost and Professor of Psychology at Northeastern University; Jeffrey Wadsworth, PhD, President and CEO of Battelle; and, Jeremy Abbate, publisher of Scientific American. View the entire
agenda at go.osu.edu/brainhealth.

Three days of sessions will touch on technological advances for understanding brain-body connectivity to optimize performance across athletics, the military, and the general population; digitization of neuroscience; and brain health analytics and their impact on patient care.

“We are thrilled that Dr. Chopra will be joining the world-class group of researchers and leaders at the Summit to present his renowned perspective on the brain’s untapped potential,” said Dr. Ali Rezai, director of Ohio State’s Neurological Institute and Ross Center for Brain Health and Performance. “We are also honored to host him at an event for the entire Columbus community.”

“The Summit is a unique opportunity for us to advance our collective understanding of the mind-body connection so we can improve performance and overall well-being,” said Dr. Chopra. “And at the community event, I will address some of the most important questions about our place in the world and discuss practical ways to experience higher consciousness, transformation, and healing.”

About Dr. Deepak Chopra Deepak Chopra MD, FACP
The founder of The Chopra Foundation and co-founder of The Chopra Center for Wellbeing, is a world-renowned pioneer in integrative medicine and personal transformation, and is Board Certified in Internal Medicine, Endocrinology and Metabolism. He is a Fellow of the American College of Physicians, Clinical Professor at UCSD Medical School, Researcher, Neurology and Psychiatry at Massachusetts General Hospital (MGH), and a member of the American Association of Clinical Endocrinologists. The World Post and The Huffington Post global internet survey ranked Chopra #17 influential thinker in the world and #1 in Medicine. Greatist.com recognizes Dr. Chopra as #8 of “The 100 Most Influential People in Health and Fitness“. Chopra is the author of more than 85 books translated into over 43 languages, including 24 New York Times bestsellers.

About the Stanley D. and Joan H. Ross Center for Brain Health and Performance

Created to help unlock the potential of the human brain and redefine brain health, the Center conducts life-changing brain research and disseminates findings to researchers, healthcare professionals, and the general public. The Center is exploring ways to measure, analyze, and
improve brain function in order to help people optimize their performance.

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